Creativity & Immunity

Booster





Recipes with Organic Lemongrass



Organic Lemongrass

The stimulating fragrance of lemongrass essential oil dispels listlessness, fosters creativity, and gives you a renewed zest for life

Fragrance Profile

Citrus-like, fresh, cool, powerful

Benefit

Symbopogon flexuosus Fortifies the immune system, refreshes your spirit and fosters concentration, bestows cheerful encouragement.

"SPRING FRESHNESS"

Body and Massage Oil

- 50 ml Organic Sweet Almond Oil
- 6 drops of Organic Lemongrass
- · 2 drops of Organic Juniper
- 1 drop of Organic Peppermint

Mix the essential oils into the almond oil. The body oil is more easily absorbed if massaged into slightly damp skin.

"PURE MOTIVATION" Bland

- 1 drop of Organic Lemongrass
- · 3 drops of Organic Grapefruit
- · 3 drops of Organic Lemon

While working or studying, add this concentration-promoting blend to your favorite fragrance warmer, diffuser or aroma stone