

*Sleep &
Stability*



PRIMAVERA®



DIY

Recipes with

Organic Swiss Pine



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Organic Swiss Pine

Swiss pine essential oil is well-known for its strengthening effect. It bestows new energy "overnight".

Fragrance Profile

Woody, fresh and pure

Benefit

Promotes healthy sleep, allows you to breathe deeply, has a concentration-enhancing and invigorating effect when you experience tension.

"STRONG ROOTS"

Body and Massage Oil

- 50 ml Organic Sweet Almond Oil
 - 8 drops of Organic Swiss Pine
 - 5 drops of Organic Lavender
- Fine

Mix the essential oils into the almond oil and shake well. The body oil is more easily absorbed if massaged into slightly damp skin.

"THE POWER OF THE FOREST AT HOME"

Blend

- 4 drops of Organic Swiss Pine
- 4 drops of Organic Lemon

Bring the power of the forest home by adding the blend to your favorite fragrance warmer, diffuser or aroma stone.



DIY



Pinus cembra

