



PRIMAVERA®



THE FRAGRANT WORLD  
OF PRIMAVERA

EDITION 2022 / 2023





# THE PUREST JOYS OF NATURE

EDITORIAL



Kurt L. Nübling und Ute Leube,  
Founders & Proprietors of PRIMAVERA LIFE

## WELCOME TO THE WORLD OF PRIMAVERA

Especially in times of change, it helps to take a very deliberate look at what we have that endures and gives us a sense of security. Every day, nature produces its miracles and thrills us with its abundance of shapes, colors, and fragrances. When we connect with nature, we can recharge our batteries and draw hope and joy.

Our mission of "Loving Nature & Humanity" is constantly evolving with us and our customers' wishes. Today, more than ever before, we know that completely natural plant ingredients provide everything that nourishes, nurtures, calms, balances, and pampers our skin. In addition to the pure and natural plant oils, it is precisely the essential oils that offer helpful stimuli and moreover bestow little moments of happiness with their fragrance.

As pioneers in aromatherapy, we have incorporated our holistic understanding of the power and effects of pure plant extracts and oils into a very special natural beauty concept. The highly effective formulas have all been redeveloped and undergone extensive testing. We devoted a great deal of attention to smooth textures that do justice to the precious powers of plants.

It is our conviction that essential oils combine the intelligence and efficacy of nature to provide us humans with the best outcomes. With their fragrant active plant ingredients, they meet a basic need of our time, because they have an equally powerful impact on body, mind, and soul.

Bringing beneficial effects, life force, and joie de vivre into the world alongside you is a labor of love for us.

Warmest regards,

*Ute Leube*  
Ute Leube

*Kurt L. Nübling*  
Kurt L. Nübling



EVERYTHING ABOUT US AND  
EVERYTHING ABOUT OUR PRODUCTS

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# ALL ABOUT PRIMAVERA

PRIMAVERA WINS THE GERMAN  
SUSTAINABILITY AWARD IN THE  
COMPANIES CATEGORY



SUPERBLY  
SUSTAINABLE



The expert panel honors PRIMAVERA LIFE with the 2022 German Sustainability Award for Companies based on its credible engagement in the transformational field of biodiversity.



## SUSTAINABLE PACKAGING



- 85 % of all products come without outer packaging (in 2020 it was 81 %).
- We use recyclable glass bottles and jars for 86 % of our product range.
- All 5 ml and 10 ml glass bottles consist of at least 50 % recycled material (reused fragments).
- The tubes for body care are made of 47 % Post-Consumer-Recycled (PCR) plastic (excluding caps).
- We use recycled paper or paper produced from sustainable forestry.



## WE LIVE BY THE PRINCIPLE OF BIODIVERSITY

At PRIMAVERA's Headquarters, Naturparadies 1, maintaining the diversity of nature is the philosophy by which we live. 43 animal and 135 wild plant species—some of them on the red list of endangered species—have now found a home here.



## WORLDWIDE SUPPORT FOR PROTECTION OF THE CLIMATE

climate-neutral

We are climate-neutral. We used the offsetting compensation for our emissions in 2020 and 2021 to support a potable water fountain in Zimbabwe, a solar energy project in India, and the climate fund Allgäu for a regional sustainability project at the foot of the Alps.



EFFECTIVE  
AROMATHERAPY  
PRODUCTS  
DISTRIBUTED BY  
PRIMAVERA IN  
35 COUNTRIES.

300  
FROM AROUND THE WORLD TO THE  
WORLD IN THE FOOT OF THE ALPS

PRIMAVERA sources over 300 high-quality plant ingredients from more than 44 countries.



This is the address of the PRIMAVERA headquarters. With more than 105,000 fragrant and medicinal plants and 800 different rose varieties, 5 natural ponds, insect hotels, beehives, and Kneipp basins. The name says it all.

SHARING KNOWLEDGE TO  
PROTECT BIODIVERSITY

9,000

PRIMAVERA raises awareness for the subject of biodiversity, and not only via its brand universe. Every year, over 9,000 participants attend seminars and training sessions and join fragrance journeys, not just to increase their knowledge of aromatherapy but also to learn about the importance of protecting biodiversity.



# PRIMAVERA PRODUCTS FOR LIFE

We are inspired by the wisdom and benefits of natural essential oils. Our mission is to share the skin and sensory benefits of healing plants through formulas that holistically enhance health and wellbeing. With passion and love we create aromatherapy products that connect with nature every day to balance body, mind and soul. We develop and produce holistically effective natural products of the highest quality while ensuring a sustainable balance with nature. Our living and comprehensive knowledge about the healing properties of essential oils is based on more than 35 years of experience. We embrace every opportunity to creatively share our understanding of healing plant therapy, our love of nature and our respect for humanity. This is why we act in a comprehensively sustainable, fair and respectful way.



UTE LEUBE

**What was the decisive impetus for you to found the company?**

"I was just fascinated and inspired by essential oils. By everything that can be done with them and by the sensual experience they offer. So I didn't take long to think about it and dared to jump straight into the deep end. I had no idea what it meant and that was a good thing."



KURT L. NÜBLING

**What is the underlying meaning of the words "PRIMAVERA Products for Life"?**

"We appreciate the diversity of nature and humanity. Life itself is also filled with variety due to the individual life situations we are involved in every single day. It is this variety we would like to connect us with one another. The essential oils are powerful companions in all of life's situations."

## PIONEERS AND TRAILBLAZERS OF ORGANIC AROMATHERAPY

**The Beginning**

More than 35 years ago, pure organic plant oils were hard to come by. But PRIMAVERA's founders Ute Leube und Kurt L. Nübling understood that true holistic healing is rooted in only the purest, highest quality natural ingredients.

**The Vision**

To create an energy field of fragrance, light and joie de vivre: With holistically beneficial products manufactured in harmony with nature that are based on pure plant power to enhance the quality of life.

**First Successes**

PRIMAVERA's first inventory – 18 different essential oils and base oils – was unveiled at a seminar in 1986. The humble offering sold out almost immediately.

**Networked Worldwide**

What the founders of PRIMAVERA brought to life was inspiring: as pioneers in certified organic cultivation and fair trade partnerships, they found like-minded farm partners all over the world.





## UNCOMPROMISING QUALITY

At the core of every PRIMAVERA product are organic plant ingredients that we personally select from our community of farm partners to guarantee uncompromising quality. Our essential oils are always 100% pure and natural: untreated, authentic and unadulterated. They contain only the oil of the basic plant indicated and it goes without saying that they include no synthetic or nature-identical additives. We believe that the full aromatherapeutic benefits for skin and senses can only develop properly if the plants are absolutely pure and natural and can grow in their self-selected place of origin.

## THE AROMATHERAPY BRAND YOU CAN TRUST



### ORGANIC QUALITY

We use the highest amount of certified organic ingredients available. 74% of our essential oils are currently sourced from organic cultivation.



### 100% PURE AND NATURAL

Our essential oils are always unadulterated and are sourced from the plant listed. We will never consider using synthetics or nature-identical additives.



### ORGANIC FARM PARTNERS

With our worldwide community of organic farmers we maintain long-term, collaborative relationships founded upon integrity and respect. From seed to soil to shelf, our partnerships allow us to be involved in every step.



See more at  
[www.primaverallife.com/  
en/quality/primavera-  
quality](http://www.primaverallife.com/en/quality/primavera-quality)



### QUALITY CONTROL

Our in-house quality control ensures that stringent and highest standards are upheld.



### PROFOUND EXPERT KNOWLEDGE

We lively exchange our knowledge of healing plants with therapists and other professionals to gain and share practical knowledge of holistic wellbeing.



### DECLARATION

We guarantee safe usage based on legally compliant declaration and strict safety evaluation.



### AROMATHERAPY BRAND N°1 FOR PROFESSIONALS

Our Aromatherapy products are already an integral part of the daily work at hospitals and health care facilities. We train health professionals which trust in our PRIMAVERA expertise.



### SALES IS A MATTER OF TRUST

When selling our products we rely on qualified therapists, professionals trained by PRIMAVERA and specialized retailers.



### SEALS OF QUALITY

As independent seals of quality acknowledged worldwide, Demeter, Leaping Bunny, and Natrue are a confirmation of our quality. We label products as vegan and organic in accordance with the criteria of the Vegan Flower and EU Eco Regulation.







# OUR ORGANIC FARM PARTNERS

NOT MERELY COLLEAGUES, BUT PEOPLE,  
VISIONARIES, AND FRIENDS.



Sustainability right from the start! Since it was founded in 1986, PRIMAVERA has pioneered collaborative, fair trade partnerships with a worldwide community of organic farmers committed to environmental sustainability. Over the years it is an integral part of our mission to expand the existing organic farms and actively support independent farmers. Every one of our relationships is founded upon integrity and respect – and many have grown into personal friendships.

## FUNDING PROJECT IN ASIA

Since 2020, PRIMAVERA has been supporting 228 farmers' families in Bhutan, India, and Cambodia with an extensive raw material sponsorship project.

The project objectives are:

- Sustainable procurement of important essential oils
- Increasing sustainable value creation
- Improving infrastructure and knowledge transfer
- Certification for "Organic" and "Wild Harvesting"
- Establishing long-term partnerships



FROM THE WHOLE WORLD  
TO THE FOOT OF THE  
GERMAN ALPS

22  
Countries worldwide

17  
Organic farm partners

109  
Plant ingredients

2/3  
of the products contain plant  
ingredients from our organic  
farm partners

Along with our partners, we are constantly reminded of and inspired by the earth's delicate environmental balance. For many of our farm partners, maintaining this balance means that tremendous effort is required to be organic pioneers. Nevertheless, their vision motivates them to promote organic farming with energetic passion. PRIMAVERA supports our farmers with know-how, multi-year agreements, crop pre-financing, guaranteed purchase quantities and fair prices.

We thank our farm partners all over the world for working with us to advance organic farming, for the purest quality they deliver and for sustainably protecting both nature and humanity.



See more at [www.primaveralife.com/en/who-we-are/our-farm-partnerships](http://www.primaveralife.com/en/who-we-are/our-farm-partnerships)



# TRANSPARENCY AND PURITY FROM SEED TO SOIL TO SENSES

Since 1986 PRIMAVERA's mission is to share the skin and sensory benefits of healing plants. As a pioneer of aromatherapy we uphold the highest standards of quality. For you, for others and for nature itself.



## ORIGIN

We always source our plants from their provenance with the utmost respect for their life force and providing their ultimate benefits.

## SEED SELECTION

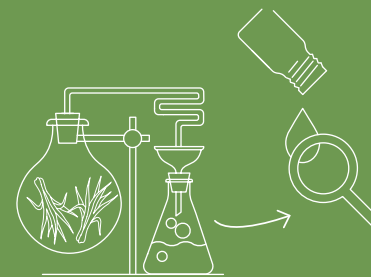
Our plants are grown from the best botanical species and the healthiest GMO free organic seeds for essential oils that are pure and wholesome.

## ORGANIC FARM PARTNERS

We guarantee purchase quantities and always pay fair prices because we are passionate about supporting the livelihoods, traditions and interests of environmentally responsible farmers.

## HARVESTING

PRIMAVERA plants are all harvested according to their distinctive requirements and growing conditions when oil content is highest.



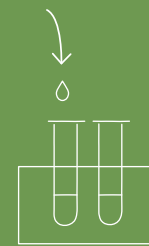
## DISTILLATION & EXTRACTION

In order to successfully retrieve the purest plant ingredients possible, we rely on the exceptional knowledge of our partners using plant-specific distillation methods for our precious essential oils.



## TRANSPOR-TATION

PRIMAVERA stores all ingredients in airtight containers to preserve the benefits and living energy of each plant ingredient.



## QUALITY CONTROL #2

Our in-house chemists and independent labs execute comprehensive analysis of the chemical makeup of each substance and their physical and microbiological properties.



## IN-HOUSE FORMULATION & PRODUCTION

All of our formulas are developed by our experts and hand-blended meeting the GMP standards for cosmetics to ensure best consumer protection. The entire production is climate neutral.



## FILLING

Proper storage conditions and bottles with protective UV coating allow us to minimize oxygen exposure, which can compromise freshness. We also provide all of our essential oils with a childproof closure.

## DECLARATION

We comply with the European law to guarantee safe usage based on legally compliant declaration.



## KNOWLEDGE TRANSFER

When it comes to essential-oil use, knowledge is key. We lively share our profound expertise across all channels.



## AROMA-THERAPY AT HOME

Allowing nature's purest plant essences to be part of daily life through formulas that holistically promote health and enhance wellbeing.



How we guarantee the PRIMAVERA commitment to quality.  
More at [www.primaveralife.com/en/quality/primavera-quality](http://www.primaveralife.com/en/quality/primavera-quality)



# ENCOUNTERS THAT CHANGE THE WORLD

*Bhutan, the kingdom of the thunder dragon, is one of the last paradises on earth. Immersed in the Himalayan peaks, it features pristine nature and particularly happy people.*

In Bhutan, happiness is a declared national goal. With its "Gross National Happiness," the green kingdom is the only country in the world to place the wellbeing of its people above economic growth. It is an attitude that perfectly mirrors what PRIMAVERA's founders Ute Leube and Kurt L. Nübling feel: "The unique beauty of nature and the way the people there live in harmony with it has fascinated us from the very beginning. What we observed in Bhutan totally corresponded to our most innate convictions."

## OUR CONTRIBUTION TO A SMALL COUNTRY'S GRAND VISION

The friendship between PRIMAVERA and Bhutan began 30 years ago and both continue to inspire one another. "Not only were we impressed by this special country, they were also impressed by what we reported about organic farming. In this way, we were able to make an important contribution to Bhutan's efforts to become the first 100% organic nation in the world."

## INSPIRING AND IMPRESSIVE

### BHUTAN'S COMMITTED ENVIRONMENTAL GOALS

**The first CO<sub>2</sub>-negative country in the world.** Dense forests, which cover three quarters of the country, bind three times more CO<sub>2</sub> than is emitted. This makes Bhutan the first CO<sub>2</sub>-negative country in the world.

**Organic nation by 2035** Bhutan has had to postpone its plan to become a 100% organic nation from 2020 to 2035. The aim is to ensure food security for the country's people.

**Zero waste by 2030** Bhutan aims to produce zero waste, emit zero net greenhouse gases and increase its share of renewable energy by 2030.

› Former ambassador Pema Choden (2nd from left) visits PRIMAVERA in Oy-Mittelberg



^ Kurt L. Nübling (above left) in 1995 during the extraction of Lemongrass Oil

› The lemongrass bundles weigh almost 30 kg and are traditionally carried on heads to the distillery.



*"Bhutan is the home of our precious Lemongrass Oil. This essential oil is the quintessence of all the fresh, pristine nature of this fascinating country. A country in which mindful interaction with nature is a top national priority."*

ANDREA DAHM, RESPONSIBLE FOR  
BRAND MANAGEMENT AND SUSTAINABILITY



## OVER 30 YEARS OF SHARING HAPPINESS

We have been celebrating our friendship with Bhutan for over 30 years. More than just with our organic farm partner, we regularly exchange information with the Ministry of Agriculture, the National Biodiversity Center, and others. In 2020, we started a joint three-year raw material funding project.

Ute Leube und Kurt L. Nübling discovered Bhutan in 1990 when they were seeking the purest lemon grass oil. A short time later, they were able to source it from the wild eastern part of the country.

In 2010, the local farm partners established a natural soap project, to be able provide people with an additional source of income. Ever since then, the Lemongrass Ginger Natural Soap has become a regular element in the PRIMAVERA range.

The film about our friendship with Bhutan:





# AROMA- THERAPY

THE POWER OF PLANTS FOR BODY,  
MIND AND SOUL

---

*In aromatherapy, we use the full power of plants for body, mind and soul. To achieve this, we combine the natural power of organic floral waters, organic treatment oils and essential oils. With this holistic approach, our products support not only daily wellbeing, but also the mobilization of physical and mental self-healing powers and individual health care.*



Lavender (Lavandula angustifolia)

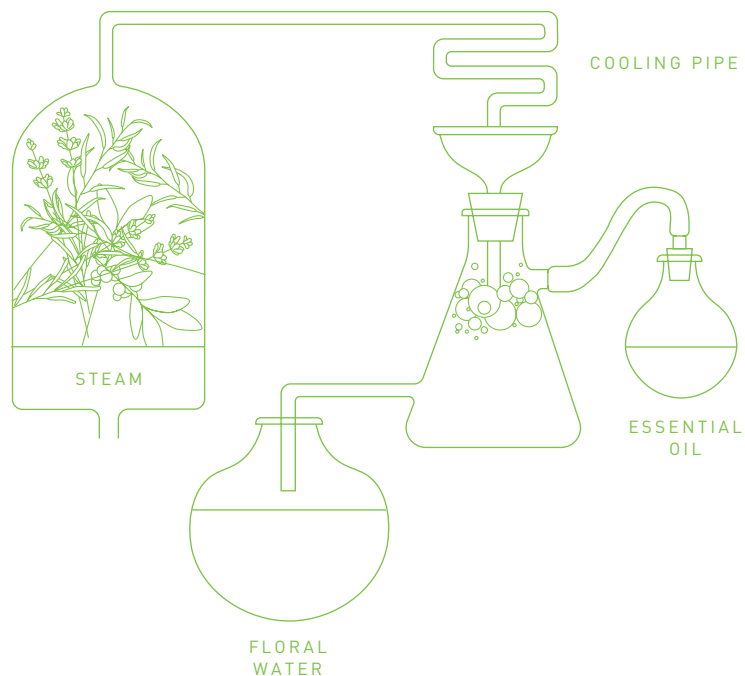


# PRECIOUS ESSENCES FOR THE GREATEST EFFICACY

100% pure and natural essential oils are unadulterated treasures packed with benefits. They work holistically on a physical and mental level and have many different benefits. In order to provide the full spectrum of efficacy of a plant, the purity of the essential oils is our highest priority. The precious drops are obtained from flowers, leaves, twigs, or from the entire plant by traditional methods such as steam distillation. Large quantities of plant material are often used to produce one precious drop of essential oil.



The blossoms of the Damascene Rose are carefully layered in the distillation container.



Traditional Steam Distillation



## 3 QUESTIONS FOR...

ANUSATI THUMM,  
AROMA EXPERT &  
PRIMAVERA SEMINAR LEADER



### 1 What is aromatherapy?

"Aromatherapy is part of phytotherapy. Essential oils, organic floral waters and organic treatment oils from select scented plants are combined in order to enhance wellbeing in a holistic way, and to help alleviate symptoms and discomfort."

### 2 What sets PRIMAVERA products apart in particular?

"In our products and recipes, we bring out the full power of nature. The purity of the raw materials in the highest organic quality is top priority. That is why we at Naturparadies 1 combine the highest quality and expert knowledge. For people and nature."

### 3 What does aromatherapy mean for you, personally?

"I've always been fascinated by the interaction of physical and psychological effects and the combination of scent and touch. That is why I have been passing on my enthusiasm and knowledge for more than 30 years."



# CREATE YOUR OWN AROMA FORMULATIONS

DOSING INSTRUCTIONS FOR USING ESSENTIAL OILS IN SKINCARE



## WHO IS IT FOR?

ADULTS

ADOLESCENTS  
AGES 12 AND UP

CHILDREN

4 – 12 YEARS OLD

OLDER | SENSITIVE PEOPLE

BABIES | INFANTS

6 MONTHS – 4 YEARS OF AGE  
ONLY CHILD-APPROPRIATE  
ESSENTIAL OILS\*

## WHAT TYPE OF APPLICATION?

### SELECTIVELY

Pure: Lavender  
Fine, Peppermint,  
Urgent Skin Aid  
Power  
Concentrate

### PARTIAL BODY APPLICATION

e.g. back, feet

### FULL BODY APPLICATION

e.g. body oil

### FACIAL APPLICATION

e.g. face oil

### PARTIAL BODY APPLICATION

e.g. back, feet

### FULL BODY APPLICATION

e.g. body oil

### FACIAL APPLICATION

e.g. face oil

### PARTIAL BODY APPLICATION

e.g. back, feet

### FULL BODY APPLICATION

e.g. body oil

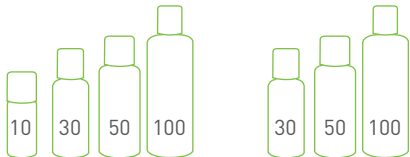
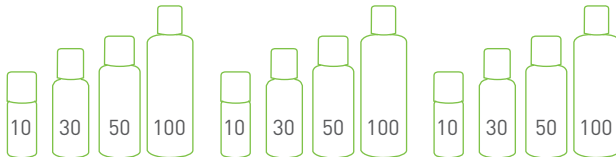
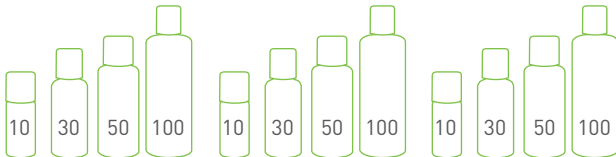
## NUMBER OF DROPS OF ESSENTIAL OIL

Maximum dosage in %



## ORGANIC TREATMENT OIL/CARRIER OIL IN ML

20 – 25 drops of essential oil = approx. 1 ml



## USE

## HERE'S HOW TO DO IT

## PROVEN RECIPES

### Face, Body Massage Oil

Add the essential oils drop by drop to the organic treatment oil. Ensure good blending by swiveling or stirring.

### FACE OIL GLOW

20 ml Apricot Kernel Oil,  
10 ml Hemp Seed Oil  
2 drops Immortelle  
4 drops Orange

### Emulsion To Be Shaken for Body and Face

Combine treatment oil with essential oil. Mix organic floral water and organic treatment oil in a glass bottle.

### AFTER-SUN EMULSION

50 ml Organic Aloe  
Vera Oil  
1 ml Sea Buckthorn  
fruit pulp  
6 drops. Lavender Fine  
50 ml Organic Lavender  
Water

### Steam Bath for the Face

Add up to 3 drops of essential oil to a bowl containing 2 liters of hot water. Hold your head over the bowl, cover with a towel.

### SKIN CLARIFICATION

Sage, Ho Leaves

### IN THE COLD SEASON

Cajeput,  
Eucalyptus Radiata

### Spray for Face and Body

Mix essential oils into 5 – 10 ml alcohol. Then add to 100 ml organic floral water. Shake before every application. Spray on skin.

### INVIGORATING LEG SPRAY

100 ml Organic  
Peppermint Water  
15 drops Rosemary  
Camphor  
15 drops Juniper Berry

### Scrub for Face, Lips, and Body

Mix some organic treatment oil with essential oil. Mix with superfine sugar for the face, and sea salt for the body. Massage into damp skin, rinse off well.

### SMOOTHING BODY SCRUB

5 drops. Grapefruit  
5 drops Cypress  
3 Tbsp. Sea Salt

### Face Mask, Body Wrap

Stir together 3 Tbsp. quark, healing clay or oat flour with some organic floral water and essential oil. Apply to cleansed skin, avoiding the eye area. Wash off with water after 15 minutes.

### CALMING FACE MASK

Oat Flower | Oatmeal  
Lavender Water  
2 drops Blue Chamomile or  
Lavender Fine

### Wrap, Compress

Mix essential oil with some sea salt, dissolve in 1 liter water. Soak a cotton cloth with the mix and place on skin. Cover with a towel. Rest.

### COOLING CALF COMPRESS

Mix 5 drops Lemon  
with 1 Tbsp. Sea Salt,  
dissolve in lukewarm water,  
Soak the wrap and use as  
described above.

### Bath Additive for Full Bath, Hip Bath, and Foot Bath

Mix the essential oils dropwise with 2 – 4 Tbsp. of cream, honey or sea salt. Add this mix to the bath water as it runs in.

### FOR MOTHERS AFTER GIVING BIRTH

Use 10 drops Skin Caress  
Power Concentrate (essential  
oils blend) in 200 g Sea Salt,  
use in tablespoon amounts for  
seated steam baths.

\*For babies under 6 months, pregnant women, epileptics, and seriously ill people, please consult aroma experts or specialized literature.  
20 – 25 drops of essential oil = approx. 1 ml





# ESSENTIAL OILS

100% PURE AND NATURAL

*Our 100% pure essential oils are true power packs full of the concentrated plant power. The magical little drops actually contain little “medicine cabinets” of nature that have a holistic effect on body, mind, and soul.*

## THE BASICS OF FRAGRANCES

Every essential oil comes with its own individual scent, which is subdivided into head, heart, and base notes. To create a particularly well-rounded fragrance, the perfumery generally composes all the fragrance notes together.



**HEAD NOTE**  
FRESH, SPARKLING  
FRAGRANCES

Slightly volatile  
fragrance,  
perceptible for  
about 2 hours

Mostly conifer and  
citrus oils, e.g. Orange,  
Lemon

Stimulating  
refreshing, promotes  
concentration



**HEART NOTE**  
WARM, ROUNDED  
FRAGRANCES

Fragrance develops  
slowly, perceptible  
for about 3 – 4  
hours

Usually medicinal  
herbs, spice and  
blossom oils  
e.g. Rose, Lavender,  
and Tea Tree

Harmonizing,  
balancing, inspiring



**BASE NOTE**  
HEAVY, EARTHY  
FRAGRANCES

Long-lasting  
fragrance  
perceptible for  
around 5 – 8 hours

Usually wood, root, and  
resinous oils, e.g. Cedar,  
Sandalwood, Vetiver

Invigorating  
earthy,  
centering

## OUR TEN FAVORITES



**ORGANIC BERGAMOT**  
GIVES YOU COURAGE

The fresh profile of this fragrance helps deal with tension, but also has a vitalizing effect on mind and body.



**EUKALYPTUS  
GLOBULUS BIO**  
ALLOWS YOU TO BREATHE  
CONSCIOUSLY

The fresh, camphor-like fragrance has a relieving effect in the cold season and clarifies ambient air.



**ORGANIC GRAPEFRUIT**  
EXUDES ENERGY

Energizes and invigorates the senses. The fresh, zesty fragrance profile has a vitalizing effect and stimulates the skin's metabolism.





## ORGANIC LAVENDER FINE

### INSPIRES RELAXATION

The powerfully fresh scented oil nurtures and regenerates skin, helps promote restful sleep and relaxes in case of restlessness.



## ORGANIC PEPPERMINT

### REFRESHES AND CLARIFIES

Helps maintain a clear head, supports concentration, invigorates in case of fatigue and discomfort.



## ORGANIC SWISS STONE PINE

### HAS A GROUNDING AND BALANCING EFFECT

The fresh woody scent calms and imparts a feeling of stability. The essential oil of the Swiss Stone Pine is very popular in the cold season.



## ORGANIC LEMONGRASS

### STRENGTHENS AND REINFORCES

Powerful and fresh fragrance, strengthens and promoted concentration.



## ORGANIC TEA TREE

### CLARIFIES THE SKIN

Cares for blemished skin and clarifies acne-prone skin The tangy fragrance profile of this oil makes it suitable as a refresh, cleansing component of oral care.



## ORGANIC LEMON

### PROVIDES FOR DRIVE

The zesty fragrance energizes and revitalizes, promotes concentration and clears the ambient air.



## ORGANIC ORANGE

### CREATES A GOOD MOOD

The fruity and fresh fragrance with a warm, sweet note has a mood-enhancing effect and bestows zest for life and inner peace.

"HAPPINESS CREATOR"  
FROM JAPAN

## YUZU LEMON

The precious essential oil of the Yuzu Lemon has a delightfully fruity, fresh, sparkling, tart fragrance with a delicate note of bitterness. It immediately conjures a smile on your face and brings levity.



Find recipes at  
[www.primaveralife.com/  
en/aromatherapy](http://www.primaveralife.com/en/aromatherapy)

# ESSENTIAL OILS

## OVERVIEW A-C O



	Essential Oil Botanical name	Quality	Scent Scent description	Fragrance benefit	Dosage <sup>1</sup>	Origin	Part of the plant, extraction	Art. No.:	Content
A	Angelica Root org. <i>Angelica archangelica</i>	COC	♥ earthy, herbaceous, bitter, and aromatic	invigorating, warming	5 drops	France/ Hungary	Root, distillation	10235 10500	1 ml 5 ml
	Aniseed org. <i>Pimpinella anisum</i>	COC	👤 sweet, warm, soft, fennel-like	relaxing, balancing	5 drops 🍵	France/ Egypt	Seeds, distillation	10104	5 ml
B	Basil org. <i>Ocimum basilicum</i>	COC	👤 herbaceous, sweet, fresh, green	encouraging, mood-enhancing	3 drops 🍵	France/ Egypt	Herbs, distillation	10605	5 ml
	Bay Leaf org. <i>Laurus nobilis</i>	COC	👤♥ powerful, clear, spicy, fresh	stimulating, promotes concentration, clarifies	1 drop 🍵	Bosnia	Leaf, distillation	10196	5 ml
	Benzooin Resinoid org. <i>Styrax tonkinensis</i>	COC	■ warm, sweet, vanilla-like	enveloping, calming, deeply comforting	7 drops	Laos	Resin, alcohol extraction	10504	5 ml
	Bergamot org. <i>Citrus bergamia</i>	COC	👤 fresh, green & fruity, light, lively	refreshing, mood-enhancing, to make you happy	1 drop 🍵	Italy	Peel, cold pressing	10240 10239 15300	5 ml 10 ml 50 ml
	Blood Orange demeter <i>Citrus sinensis</i>	demeter	👤 fruity, warm, sweet	encouraging, balancing	10 drops	Italy	Peel, cold pressing	10501	5 ml
	Blood Orange org. <i>Citrus sinensis</i>	COC	👤 fruity, warm, sweet	encouraging, balancing	10 drops	Italy	Peel, cold pressing	10502	5 ml
	Broom Abs. 15% <i>Spartium junceum</i> 15%, <i>Organic ethyl alcohol</i> 85 %	conv.	♥ honey-like, floral, notes of hay	balancing, inspiring	10 drops	France	Blossoms, solvent extraction	11109	5 ml
C	Cajeput Extra <i>Melaleuca leucadendron</i> var. <i>cajeputi</i>	WH	👤 eucalyptus-like, fresh, spicy	cleansing, clarifying	17 drops	Cambodia	Leaf, distillation	10509	5 ml
	Cardamom org. <i>Elettaria cardamomum</i>	COC	■♥ exotic, spicy	stimulating, warming, aphrodisiac	10 drops	Guatemala	Seeds, distillation	10133	5 ml
	Carrot Seed <i>Daucus carota</i>	conv.	■ warm, earthy, aromatic	balancing, warming	4 drops	France	Seeds, distillation	10176	5 ml
	Cedar [Atlas Cedar] org. <i>Cedrus atlantica</i>	COC	■♥ woody, warm, balmy	balances, stabilizes	2 drops	Morocco/ France	Wood, distillation	10164	5 ml
	Cedar [Atlas Cedar] <i>Cedrus atlantica</i>	WH	■♥ woody, warm, balmy	balances, stabilizes	2 drops	Morocco	Wood, distillation	10595 10095	5 ml 10 ml
	Chamomile Blue org. <i>Chamomilla recutita</i>	COC	♥ herbaceous, warm, enveloping	relaxing & balancing	3 drops	Hungary/ Bulgaria/ France	Blossom, distillation	10110 10151	1 ml 5 ml
	Chamomile Roman org. <i>Matricaria recutita</i>	COC	♥ warm, herbaceous	balances, relaxes	5 drops	France/ Italy	Herbs, distillation	10033 10152	1 ml 5 ml
	Cinnamon Bark org. 60% <i>Cinnamomum zeylanicum</i> 40 %, <i>Organic Ethyl Alcohol</i> 40 %	COC	♥ sweetly herbaceous, spicy	warming, stimulating, inspiring	10 drops	Sri Lanka	Bark, distillation	10224	5 ml
	Citronella org. <i>Cymbopogon nardus</i>	COC	👤 fresh, lemony	energizing, invigorating, balancing	3 drops	Nepal	Leaf, distillation	10508	5 ml
	Clary Sage org. <i>Salvia sclarea</i>	COC	■♥ herbaceous, warm, sweetish	balancing, euphorogenic	3 drops	France	Herbs, distillation	10056	5 ml
	Clove Bud org. <i>Syzygium aromaticum</i>	COC	♥ warm, spicy, sweet, pungent	warming, stimulating	3 drops	Sri Lanka	Buds, distillation	10061	5 ml
	Cocoa Extract org. <i>Theobroma cacao</i>	COC	♥ warm, vanilla-like, aromatic	balancing, inspiring	20 drops	Peru	Fruit, alcohol extraction	10600	5 ml
	Coriander Seed org. <i>Coriandrum sativum</i>	COC	👤♥ spicy, warm, aromatic	balances, relaxes	5 drops	France/ Hungary	Seeds, distillation	10166	5 ml

demeter = controlled organic-dynamic cultivation, COC = certified organic cultivation, WH = Wild Harvesting, conv. = conventional farming.

<sup>1</sup> Dosing recommendation: Maximum number of drops in 50 ml PRIMAVERA treatment oil | ⚡ 1 drop selectively applied pure to skin | 🍵 as bath additive | 🍵 for room fragrancing

# ESSENTIAL OILS

OVERVIEW CY-LE



	Essential Oil Botanical name	Quality	Scent	Scent description	Fragrance benefit	Dose <sup>1</sup>	Origin	Part of the plant, extraction	Art. No.:	Content
	Cypress org. <i>Cupressus sempervirens</i>	COC	♥	tart, clear, resinous, masculine	clarifies, centers, promotes concentration	5 drops	France	Branch, distillation	10603 10103	5 ml 10 ml
D	Douglas Fir org. <i>Pseudotsuga menziesii</i>	COC	♥	clear, fresh, features citrus note	boosts concentration, invigorates	3 drops	France	Branch, distillation	10124	5 ml
E	Eucalyptus Citriodora org. <i>Eucalyptus citriodora</i>	COC	👤	fresh, lemon- like,mild	clarifying, refreshing, cleansing	3 drops	Brazil	Leaves/branches, distillation	10609	5 ml
	Eucalyptus Globulus org. <i>Eucalyptus Globulus</i>	COC	👤	Fresh, clear, camphor-like	refreshing, clarifying, cleansing	12 drops	India	Leaves/branches, distillation	10518 10018	5 ml 10 ml
	Eucalyptus Radiata org. <i>Eucalyptus radiata</i>	COC	👤	fresh, clear, herbal, active	clarifying, refreshing, cleansing	15 drops	Australia/ South Africa	Leaves/branches, distillation	10220	5 ml
NEW	F Fennel bitter demeter <i>Foeniculum vulgare</i>	demeter	♥	tart and sweet, anis-like	relaxes, calms, releases	5 drops 👤	Italy	Seeds, distillation	10521	5 ml
	Fennel sweet org. <i>Foeniculum vulgare</i>	COC	♥	sweet, warm, anis-like	calming, relaxing, balancing	3 drops 👤	Egypt	Seeds, distillation	10529	5 ml
	Frangipani Abs. 20% <i>Plumeria acutifolia</i> 20, Organic ethyl alcohol 80 %	conv.	♥	exotic, sweet, floral, heavy	balancing, inspiring	10 drops	India	Blossoms, solvent extraction	11108	5 ml
NEW	Frankincense African org. (previously Arabian) <i>Boswellia carterii</i>	COC	■	resinous, sweet, balmy	cleanses, balances, use for meditation	15 drops	Somalia	Resin, distillation	10179	5 ml
	Frankincense Indian <i>Boswellia serrata</i>	WH	■	resinous, fresh	cleanses, balances, use for meditation	3 drops	India	Resin, distillation	10698	5 ml
G	Galbanum <i>Ferula galbaniflua</i>	conv.	♥	warm,spicy, resinous	balancing, warming	3 drops	Iran	Resin, distillation	10023	5 ml
	Grapefruit org. <i>Citrus paradisi</i>	COC	👤	zesty, fresh, fruity	refreshing, promotes concentration, for a good mood	2 drops	Brazil/ Argentina	Peel, cold pressing	10148	5 ml
	Grand Fir org. <i>Abies grandis</i>	COC	👤	fresh, clear, woody, lemony	refreshing, balancing, promotes concentration	3 drops	France	Branch, distillation	10172	5 ml
	Geranium org. <i>Pelargonium graveolens</i>	COC	♥	warm, rosy, floral	balancing, sensual, stimulating	15 drops	Egypt	Herbs, distillation	10643 10143	5 ml 10 ml
	Ginger org. <i>Zingiber officinale</i>	COC	♥	citrusy, fresh, spicy	vitalizing, strengthening	2 drops	Madagascar	Root, distillation	10528	5 ml
H	Himalayan Cedar extra <i>Cedrus deodara</i>	WH	♥	woody, balmy, warm	strengthening, regenerating	2 drops	India	Wood, distillation	10526	5 ml
	Ho Leaves <i>Cinnamomum camphora</i> c.t. linalool	conv.	♥	soft, delicate	balancing, inspiring	2 drops	Taiwan	Branch, distillation	10524	5 ml
	Honey Extract org.	COC	■	warm, sweet, has a waxy note	balancing, popular children's fragrance	20 drops	France	Honey/Comb - Alcohol extraction	10525	5 ml
	Hyssop org. <i>Hyssopus officinalis</i>	COC	👤	spicy, clear, sweet, with honey notes	clarifies, cleanses, use for meditation	3 drops	France/Italy/ Bulgaria	Herbs, distillation	10094	5 ml
I	Immortelle demeter <i>Helichrysum italicum</i>	demeter	♥	tart & sweet, herbaceous, warm	stimulating, relaxing	2 drops	Corsica (FR) /Italy	Herbs, distillation	10027 10025	1 ml 5 ml



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	Iris 95 % <i>Iris pallida</i> 95 %, <i>Michelia champaca</i> 5 %	conv.	♥	violet-like, fine, radiant	Balancing	2 drops	Italy	Root/blossom, distillation	10030	1 ml
	Iris 1 % <i>Iris pallida</i> , <i>Michelia</i> <i>champaca</i> 1 %, <i>Organic ethyl</i> <i>alcohol</i> 99 %	conv.	♥	violet-like, fine, radiant	Balancing	20 drops	Italy	Root/blossom, distillation	11110	5 ml
J	Jasmine Abs. <i>Jasminum grandiflorum</i>	conv.	♥	beguiling, floral, sensual	euphorigenic, eroticizing	3 drops	India	Blossoms, solvent extraction	10150	1 ml
	Jasmine Abs. 4 % <i>Jasminum grandiflorum</i> 4 %, <i>Organic ethyl alcohol</i> 96 %	conv.	♥	beguiling, floral, sensual	euphorigenic, eroticizing	20 drops	India	Blossoms, solvent extraction	11120	5 ml
	Jasmine Sambac Abs. <i>Jasminum sambac</i>	conv.	♥	beguiling	Creates euphoria	5 drops	India	Blossoms, solvent extraction	10190	1 ml
	Juniper org. <i>Juniperus communis</i>	COC	👤	fresh, green, woody	cleansing, stimulating,	3 drops	France	Branches/ fruit,distillation	10173	5 ml
	Juniper Berries org. <i>Juniperus communis</i>	COC	👤	powerful, fruity, green, woody	cleansing, stimulating, pick-me-up	4 drops	Bosnia/ Bulgaria/ Albania	Fruit, distillation	10607	5 ml
	St. Johnswort org. <i>Hypericum perforatum</i>	COC	♥	reminiscent of hay, warm	balancing, mood-enhancing	10 drops	France	Herbs, distillation	10031	1 ml
L	Labdanum org. <i>Cistus ladanifer</i>	COC	♥	warm, herbaceous, aromatic	warming, balancing	5 drops	Spain/ Portugal	Herbs, distillation	10011	5 ml
	Larch org. <i>Larix decidua</i>	COC	👤	woody, soft, gentle	energizes, stabilizes	6 drops	Austria	Branch, distillation	10538	5 ml
	Laricio pine extra org. <i>Pinus laricio</i>	WH, COC	♥	resinous, woody, blossomy, citrusy	clarifies, promotes concentration	7 drops	Corsica (FR)	Branch, distillation	10038	5 ml
	Lavandin demeter <i>Lavandula X intermedia</i>	demeter	♥	fresh, herbaceous, bright, clear	refreshing, cleansing	4 drops	Italy	Herbs, distillation	10541 10042 15304	5 ml 10 ml 50 ml
	Lavender Extra <i>English Lavender</i> ( <i>Lavandula angustifolia</i> )	WH	♥	fresh, floral- herbaceous, airy, pure	balancing, mood-enhancing	3 drops	France	Herbs, distillation	10155	5 ml
	Lavender Fine demeter <i>English Lavender</i> ( <i>Lavandula angustifolia</i> )	demeter	♥	fresh, herbaceous, mild	balancing, mood-enhancing	3 drops 1 drop 👤	Italy	Herbs, distillation	10543	5 ml
	Lavender Fine org. <i>English Lavender</i> ( <i>Lavandula angustifolia</i> )	COC	♥	fresh, herbaceous, mild	balancing, mood-enhancing	3 drops 1 drop 👤	France/ Italy	Herbs, distillation	10542 10042 15314	5 ml 10 ml 50 ml
	Lavender Sage org. <i>Salvia lavandulifolia</i>	COC	♥	herbaceous, mild and camphor-like, fresh	vitalizing. mentally restorative	2 drops	Spain	Herbs, distillation	10076	5 ml
	Lemon org. <i>Citrus limon</i>	COC	👤	fruity, fresh, clear, zesty	mood-enhancing, refreshing, clarifying, energizing	6 drops	Argentina/ Spain	Peel, cold pressing	10599 10099 15311	5 ml 10 ml 50 ml
	Lemon demeter <i>Citrus limon</i>	demeter	👤	fruity, fresh, clear, sparkling	mood-enhancing, refreshing, clarifying, energizing	6 drops	Italy	Peel, cold pressing	10598	5 ml
	Lemon Verbena org. 10% 10 % <i>Aloysia citrodora</i> , 90 % <i>Cymbopogon flexuosus</i>	COC	👤	fresh, lemony, light, bright	refreshing, balancing, inspiring	5 drops 👤	Peru/ Nepal	Herbs, distillation	10217	5 ml

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# ESSENTIAL OILS

OVERVIEW LE-RO



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Lemon Verbena Peru org. <i>Aloysia citrodora</i>	COC	👤	fresh, lemony, light, bright	motivating, balancing, inspiring	5 drops	Peru	Herbs, distillation	10263	1 ml
Lemongrass org. <i>Cymbopogon flexuosus</i>	COC	👤	citrusy, fresh, cool, powerful	refreshing, promotes concentration	7 drops	Nepal/ Bhutan	Leaf, distillation	10249 10250 15313	5 ml 10 ml 50 ml
Lime org. <i>Citrus aurantiifolia</i>	COC	👤	fruity, fresh, sparkling	mood-enhancing, refreshing, promotes concentration	1 drop 🛁	Brazil	Peel, cold pressing	10193 10693	5 ml 10 ml
Litsea org. <i>Litsea cubeba</i>	COC	👤	fresh, bright, citrusy	mood-enhancing, revitalizing	9 drops	Vietnam/ China	Fruit, distillation	10549	5 ml
M Magnolia Flower 15% <i>Michelia champaca</i> , 85% organic ethyl alcohol	conv.	❤️	delicately floral, sweet, exotic	balancing, euphorogenic	1 drop	China	Blossom, distillation	11126	5 ml
Marjoram org. <i>Origanum majorana</i>	COC	👤	spicy, warm, herbaceous	relaxing, warming, calming	3 drops	Egypt	Herbs, distillation	10112	5 ml
Mandarin Green org. <i>Citrus reticulata</i>	COC	👤	fruity, fresh, tangy	mood-enhancing, balancing, promotes concentration	10 drops	Brazil/Italy	Fruit, cold pressing	10051	5 ml
Mandarin Red demeter <i>Citrus reticulata</i>	🍷	👤	fruity, sweet, sunny	mood-enhancing, balancing, promotes concentration	10 drops	Italy	Fruit, cold pressing	10520	5 ml
Mandarin Red org. <i>Citrus reticulata</i>	COC	👤	fruity, sweet, sunny	mood-enhancing, balancing, promotes concentration	10 drops	Italy/Brazil	Fruit, cold pressing	10137 10020	5 ml 10 ml
Mandarin Red <i>Citrus reticulata</i>	conv.	👤	fruity, sweet, sunny	mood-enhancing, balancing, promotes concentration, children's fragrance	10 drops	Italy	Fruit, cold pressing	10561	5 ml
Manuka <i>Leptospermum scoparium</i>	WH	❤️	spicy, fresh, tangy, floral	cleansing, clarifying	2 drops	New Zealand	Branch, distillation	10045	5 ml
Melissa org. <i>Melissa officinalis</i>	COC	❤️	fresh, gentle, warm, honey notes	balancing, inspiring, strengthening	2 drops	France/ Italy	Herbs, distillation	10052	1 ml
Melissa org. 30% <i>Melissa officinalis</i> 30%, <i>Lavandula angustifolia</i> 70%	COC	❤️	fresh, delicate, warm	balancing, inspiring, strengthening	6 drops	France/ Italy	Herbs, distillation	10552 10248	1 ml 5 ml
Mimosa Abs. 15% <i>Acacia dealbata</i> 15%, 85% organic ethyl alcohol	conv.	❤️	delicate, floral, soft, warm	enveloping, balancing	20 drops	Morocco	Blossoms, solvent extraction	11127	5 ml
Mint Moroccan org. <i>Mentha viridis</i> var. <i>nana</i>	COC	👤	fresh, bright, soft mint scent	clarifying, refreshing, promotes concentration	2 drops	Morocco	Herbs, distillation	10559	5 ml
Mountain Pine org. <i>Pinus mugo</i>	COC	👤❤️	woody, resinous, fresh, clear	promotes concentration, clarifies, energizes	10 drops	Austria/ Italy	Branch, distillation	10539	5 ml
Myrrh org. <i>Commiphora myrrha</i>	COC	👤	bittersweet, deep, balmy	balances, cleanses, use for meditation	5 drops	Somalia	Resin, distillation	10135	5 ml
Myrtle Andean org. <i>Myrtus communis</i> c.t. <i>pinen</i>	COC	👤❤️	fresh, clear, green	Refreshing, cleansing, clarifying	7 drops	Peru	Branch, distillation	10209	5 ml
Myrtle Turkish org. <i>Myrtus communis</i> c.t. 1,8 cineol	COC	👤❤️	fresh, clear, green	Refreshing, cleansing, clarifying	1 drop	Turkey	Branch, distillation	10187	5 ml

## ESSENTIAL OILS



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N Neroli org. <i>Citrus aurantium</i> ssp. <i>amara</i>	COC	❤️	floral, mellow, fresh	mood-enhancing, relaxing, balancing	5 drops	Morocco/ Egypt	Blossom, distillation	10158 10169	1 ml 5 ml
Neroli <i>Citrus aurantium</i> ssp. <i>amara</i>	conv.	❤️	floral, mellow, fresh	mood-enhancing, relaxing, balancing	5 drops	Morocco/ Egypt	Blossom, distillation	10060	1 ml
Neroli 10% <i>Citrus aurantium</i> ssp. <i>amara</i> 10%, organic ethyl alcohol 90%	conv.	❤️	floral, mellow, fresh	mood-enhancing, relaxing, balancing	20 drops	Morocco/ Egypt	Blossom, distillation	11121	5 ml
Niauli org. <i>Melaleuca viridiflora</i>	COC	👤	clear, herbaceous, fresh, camphor-like	refreshing, cleansing	6 drops	Madagascar	Branch, distillation	10565	5 ml
O Orange demeter <i>Citrus sinensis</i>	🍷	👤	fruity, sweet, warm	mood-enhancing, balancing, popular with young and old	10 drops	Italy	Peel, cold pressing	10563	5 ml
Orange org. <i>Citrus sinensis</i>	COC	👤	fruity, sweet, warm	mood-enhancing, balancing, popular with young and old	10 drops	Italy	Peel, cold pressing	10562 10062 15308	5 ml 10 ml 50 ml
Oregano org. 31% <i>Origanum vulgare</i> 31%, organic ethyl alcohol 69%	COC	👤❤️	spicy, tangy, herbaceous	warming, stimulating	10 drops	France	Herbs, distillation	11135	5 ml
Osmanthus Abs. 5% <i>Osmanthus fragrans</i> 5%, 95% organic ethyl alcohol	conv.	❤️	exotic, sweet, floral	balancing, mood-enhancing	20 drops	China	Blossoms, solvent extraction	10074	5 ml
Oud (Agarwood) 5% <i>Aquilaria agallocha</i> 5%, 95% organic ethyl alcohol	conv.	👤	deep, earthy, smoky, balmy	leads to the roots, grounding effect	7 drops	Thailand/ Indonesien/ Vietnam	Wood, distillation	11129	5 ml
P Palmarosa org. <i>Cymbopogon martinii</i> var. <i>motia</i>	COC	❤️	fine, floral, rose notes	skin caressing, balancing	3 drops	Nepal	Herbs, distillation	10620	5 ml
Patchouli org. <i>Pogostemon cablin</i>	COC	👤	earthy, exotic, balmy	earthy, balancing, eroticizing	2 drops	India/ Indonesia	Leaves, distillation	10119	5 ml
Petit Grain org. <i>Citrus aurantium</i> var. <i>amara</i>	COC	👤❤️	fresh, tangy, slightly citrusy	mood-enhancing, stabilizing, balancing	2 drops	Paraguay	Leaves/buds, distillation	10050	5 ml
Pepper Black org. <i>Piper nigrum</i>	COC	👤❤️	spicy, warm, pungent, intense	warming, stimulating	10 drops	Sri Lanka	Fruit, distillation	10127	5 ml
Peppermint demeter <i>Mentha piperita</i>	🍷	👤	clear, fresh, slightly sweet	energizing, refreshing, clarifying	5 drops 1 drop ⚗️	Italy	Herbs, distillation	10554	5 ml
Peppermint org. <i>Mentha piperita</i>	COC	👤	radiant, fresh, cool, clear	energizing, refreshing, clarifying	5 drops 1 drop ⚗️	India	Herbs, distillation	10553 10053	5 ml 10 ml
Pine Needle org. <i>Pinus silvestris</i>	COC	👤❤️	fresh, resinous, woody, masculine	stimulating, promotes concentration, clarifies	4 drops	France	Branch, distillation	10211	5 ml
R Ravintsara org. <i>Cinnamomum camphora</i> c.t. <i>cineol</i>	COC	👤	clear, woody, camphor-like	cleansing, refreshing, balancing	15 drops	Madagascar	Branch, distillation	10570	5 ml
Rose Absolute <i>Rosa damascena</i>	conv.	❤️	rosy, heavy, sweet	harmonizing, euphorogenic	1 drop	Morocco	Blossoms, solvent extraction	10225	1 ml
Rose Afghan org. <i>Rosa damascena</i>	COC	❤️	rosy, deep, heavy	harmonizing, mood-enhancing	2 drops 🛁	Afghanistan	Blossom, distillation	10247	1 ml

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NEW

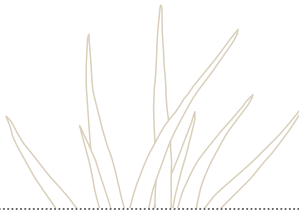
ESSENTIAL OILS

OVERVIEW RO-Z



Essential Oil Botanical name	Quali- ty	Scent Scent description	Fragrance benefit	Do- sage <sup>1</sup>	Origin	Part of the plant, extraction	Art. No.:	Con- tent
Rose Afghan org. 10% <i>Rosa damascena</i> 10 %, 90 % organic ethyl alcohol	COC	♥ rosy, deep, heavy	harmonizing, mood-enhancing	2 drops	Afghanistan	Blossom, distillation	11136	5 ml
Rose Bourbon Abs. <i>Rosa borboniana</i>	conv.	♥ rosy, lush, sweet, beguiling	harmonizing, eroticizing	1 drop	India	Blossoms, solvent extraction	10228	1 ml
Rose Bulgarian org. 10% <i>Rosa damascena</i> 10 %, 90% organic Ethyl Alcohol	COC	♥ rosy, heavy, sweet, ripened	harmonizing, mood-enhancing	2 drops	Bulgaria	Blossom, distillation	11138	5 ml
Persian Rose org. 10% <i>Rosa damascena</i> 10 %, 90 % organic ethyl alcohol	COC	♥ rosy, heavy, full-blooded	harmonizing, mood-enhancing	2 drops	Iran	Blossom, distillation	11139	5 ml
Rose Turkish org. 10% <i>Rosa damascena</i> 10 %, organic ethyl alcohol 90 %	COC	♥ rosy, heavy, full-blooded	harmonizing, mood-enhancing	2 drops	Turkey	Blossom, distillation	11143	5 ml
Rose Turkish 10% <i>Rosa damascena</i> 10 %, 90 % organic ethyl alcohol	conv.	♥ rosy, heavy, full-blooded	harmonizing, mood-enhancing	2 drops	Turkey	Blossom, distillation	11125	5 ml
Rose Attar <i>Rosa damascena</i> , <i>Santalum album</i>	conv.	♥ rosy, heavy, full-blooded	harmonizing, mood-enhancing	2 drops	India	Blossom/wood, co-distillation	10206	5 ml
Rosewood org. <i>Aniba roseodora</i>	COC	♥ floral, rosy, fine-woody	Balancing	5 drops	Brazil	Wood, distillation	10572	5 ml
Rosemary Camphor org. <i>Rosmarinus officinalis</i> c.t. campher	COC	👤 Fresh, clear, camphor-like	energizing, refreshing, promotes concentration	15 drops	Spain	Herbs, distillation	10575 10075	5 ml 10 ml
Rosemary Cineole org. <i>Rosmarinus officinalis</i> c.t. cineol	COC	👤 clear, fresh, herbaceous	refreshing, promotes concentration	15 drops	Tunisia	Herbs, distillation	10185	5 ml
Rosemary Verbenon org. <i>Rosmarinus officinalis</i> c.t. verbenon	COC	👤 cool, clear, fresh	refreshing, clarifying, promotes concentration	2 drops	Corsica/ Egypt	Herbs, steam distillation	10576	5 ml
<b>S</b> Sage org. <i>Salvia officinalis</i>	COC	👤 spicy, clear, herbaceous	cleansing, clarifying	1 drop	Bosnia/ Albania	Herbs, distillation	10577	5 ml
Sandalwood Indian org. <i>Santalum album</i>	COC	👤♥ woody, warm, balmy	balancing, inspiring, warming	4 drops	India	Wood, distillation	10232	5 ml
Sandalwood New Cal. org. <i>Santalum</i> <i>austrcaledonicum</i>	COC	👤♥ fresh, woody, balmy	balancing, inspiring, warming	4 drops	New Caledonia	Wood, distillation	10233	5 ml
Siberian Fir (Siberian conifer) <i>Abies Sibirica</i>	WH	👤♥ fresh, woody, spicy, green	invigorating, cleansing	3 drops	Russia	Branch, distillation	10522	5 ml
Silver Fir org. <i>Abies alba</i>	COC	👤♥ fresh, clear, woody, green	invigorates, cleanses	4 drops	France/ Bulgaria	Branch, distillation	10139	5 ml
Spearmint org. <i>Mentha spicata</i>	COC	👤 fresh, green, clear, bright	refreshing, energizing, promotes concentration	1 drop	India	Herbs, distillation	10614	5 ml
Spike Lavender org. <i>Lavandula latifolia</i>	COC	♥ fresh, herbaceous, clear, lavender-like	balancing, refreshing, energizing	4 drops	Spain	Herbs, distillation	10192	5 ml
Spikenard org. <i>Nardostachys jatamansi</i>	COC	♥ warm, earthy, valerian-like	warming, stabilizing, balancing	10 drops	Nepal	Root, distillation	10560	5 ml

ESSENTIAL OILS



Essential Oil Botanical name	Quali- ty	Scent Scent description	Fragrance benefit	Do- sage <sup>1</sup>	Origin	Part of the plant, extraction	Art. No.:	Con- tent
Swiss Stone Pine org. <i>Pinus cembra</i>	COC	👤♥ woody, fresh, clear	cleansing, earthy	12 drops	Italy	Branch, distillation	10597	5 ml
<b>T</b> Tea Tree org. <i>Melaleuca alternifolia</i>	COC	♥ spicy, herbaceous, stark, fresh	cleansing, refreshing	4 drops	Australia	Branch, distillation	10682 10182	5 ml 10 ml
Thyme Linalool org. <i>Thymus vulgaris</i> c.t. linalool	COC	👤 mild, sweet, lemony, fresh	cleansing, energizing, stimulating	4 drops	France	Herbs, distillation	10163	5 ml
Thyme Thymol org. <i>Thymus vulgaris</i> c.t. thymol	COC	👤♥ intense, herbaceous, tangy	cleansing, energizing, stimulating	5 drops 🛏	Spain	Herbs, distillation	10583	5 ml
Thyme Turkish org. <i>Thymus serpyllum</i>	COC	👤♥ fresh, mildly herbaceous	cleansing, energizing, stimulating	3 drops	Turkey	Herbs, distillation	10584	5 ml
Tonka Extract org. <i>Dipteryx odorata</i>	COC	👤 warm, sweet, bitter almond notes	exhilarating, warming	5 drops	Brazil	Beans, alcohol extraction	10586	5 ml
Tuberose Absolve 5 % <i>Polianthes tuberosa</i> 5 %, 95% organic ethyl alcohol	conv.	♥ beguiling, floral, sweet, feminine	inspiring, aphrodisiac	20 drops	India	Blossoms, solvent extraction	11130	5 ml
<b>V</b> Vanilla Extract org. <i>Vanilla planifolia</i>	COC	👤 sweet, warm, balmy, soft	exhilarating, balancing, aphrodisiac	20 drops	Madagascar	Fruit alcohol extraction	10087	5 ml
Violet Leaf Abs. 13% <i>Viola odorata</i> 13 %, organic ethyl alcohol 87 %	conv.	♥ green, full-bodied	balancing, inspiring	5 drops	Egypt	Leaves, solvent extraction	11145	5 ml
Vetiver org. <i>Vetiveria zizanioides</i>	COC	👤 heavy, dark, earthy	grounding, balancing, leads to center	2 drops	Madagascar	Root, distillation	10203	5 ml
Vetiver Bourbon mature <i>Vetiveria zizanioides</i>	conv.	👤 sensual, fragrance specialty with wood, tobacco and caramel notes	grounding, relaxing	2 drops	Mauritius	Root, distillation	10205	5 ml
<b>W</b> Wintergreen org. <i>Gaultheria procumbens</i>	COC	♥ green, warm	regenerates, warms	1 drop	Nepal	Leaf, distillation	10590	5 ml
<b>Y</b> Yarrow org. <i>Achillea millefolium</i>	COC	♥ earthy, herbaceous, bitter and aromatic	harmonizing, relaxing	3 drops	Bulgaria/ Hungary	Herbs, distillation	10581	5 ml
Ylang extra supérieur org. <i>Cananga odorata</i>	COC	♥ radiantly floral, sweet, exotic	euphorigenic, eroticizing	3 drops	Madagascar	Blossom, distillation	10223	5 ml
Ylang-Ylang Complete org. <i>Cananga odorata</i>	COC	♥ earthy & floral, sweet, exotic	euphorigenic, eroticizing	3 drops	Madagascar	Blossom, distillation	10162	5 ml
Yuzu Lemon <i>Citrus X junos</i>	conv.	👤 fruity, acerbic, mellow, light, bitter	mood-enhancing, balancing, rare fragrance	4 drops	Japan	Peel, cold pressing	10592	5 ml

= controlled organic-dynamic cultivation, COC = certified organic cultivation, WH = Wild Harvesting, conv. = conventional farming.  
<sup>1</sup> Dosing recommendation: Maximum number of drops in 50 ml PRIMAVERA treatment oil | 🛏 1 drop selectively applied pure to skin | 🛏 as bath additive | 🛏 for room fragrancing



## SETS WITH FAVORITE FRAGRANCES

### SET NATURE'S APOTHECARY

The three most important essential oils for your home apothecary – all in one set: The Organic Tea Tree essential oil cleanses and freshens, Organic Lavender Fine has a mood boosting and balancing effect. The energizing fragrance of Organic Peppermint refreshes and clarifies.



44480 | 3 x 5 ML



### SET JOY OF CITRUS

Our most popular essential citrus oils in one set. Organic Lemon promotes concentration, Organic Grapefruit refreshes and creates good mood. Organic Orange has a balancing and lifts the spirits.

44481 | 3 x 5 ML

### SET FOREST ENERGY

Our popular essential wood oils in one set. Organic Swiss Pine cleanses and grounds, Siberian Fir fortifies and refreshes while Organic Cedar helps promote balance and mindfulness.



## OUR MUST-HAVES



01 Forest Walk Organic Room Spray (see p. 82) |  
02 Forest Walk Blend (see p. 86) | 03 Pinewood Ball (see p. 105) |  
04 Forest Walk Body Wash (see p. 77)

# EXPERIENCE THE FOREST WITH ALL YOUR SENSES

## THE POWER OF TREES

Strolls in the forest provide us with strength! Pure nature, crystal clear air, and the fresh woody forest fragrance of essential oils provide us with new energy. The soft forest floor creates a sense of emotional security and the peace allows equanimity and a sense of serenity to develop. Bring the forest into your home and experience the therapeutic power of the trees.



# POWER CONCENTRATES

NATURE'S POWER CONCENTRATES

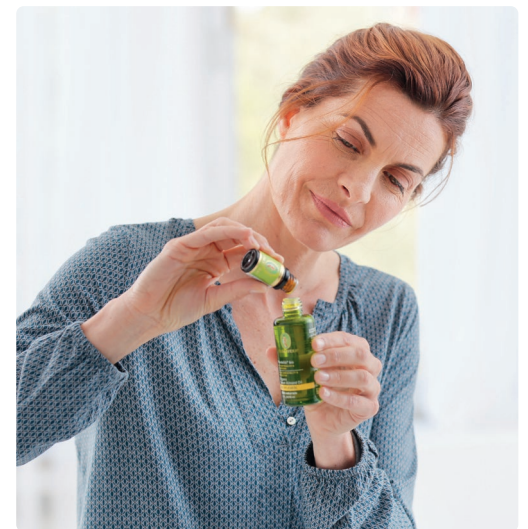
*Powerful essential oil blends for your aromatherapeutic home medicine cabinet and portable first aid kit. They are customized for frequently encountered issues today, such as indisposition, skin problems, and imbalance, and have been developed based on our many years of expertise.*



POWER CONCENTRATES

## EFFECTIVE AROMATHERAPY FOR YOUR MEDICINE CABINET AND PORTABLE FIRST AID KIT

The Power Concentrates are blends of pure and natural essential oils, customized to address common issues of our time, such as indisposition, skin problems, and imbalance. They help maintain physical and mental health and a sense of wellbeing. The Power Concentrates are practical aides in various life situations. Each Power Concentrate is a truly multifunctional product that can be used in a way that is fine-tuned to the particular situation.



Power Concentrates must be diluted with an organic treatment oil or organic floral water or mixed into sea salt. This makes them very versatile, which makes it easy to personalize them to individual needs.



### DIY

#### *Urgent Skin Aid Blend "Calming rub following mishaps"*

#### INGREDIENTS

- 1 – 2 drops Urgent Skin Aid Blend
- 1 Tbsp. Organic St. John's Wort Oil

#### THIS IS HOW TO DO IT:

Add Urgent Skin Aid Blend to 1 Tbsp. Organic St. John's Wort Oil and mix well. Rub into affected area, such as the knee, and cover with a cloth. Cool with a cooling pad.

#### TIP

In acute cases, you can apply 1 drop of pure Urgent Skin Aid Blend to the skin.







## NATURE'S POWER CONCENTRATES

**01 URGENT SKIN AID BLEND**

Concentrate for regenerative skin care, scar care, and skin care following bruises or bumps, to alleviate skin tightness caused by swelling or bruising. The triad of Organic Immortelle, Organic Lavender Fine, and Organic Rockrose provides the calming effect of the well-known aromatherapy SOS blend.

11200 | 5ML

**02 BELLY CARESS BLEND**

Concentrate for relaxing abdominal massage oils that provide a warm middle when you are experiencing abdominal area discomfort or psychologically induced aches. The essential abdominal wellbeing oils of Chamomile, Marjoram, Petit Grain, Coriander, and Aniseed come together in a calming composition.

11204 | 5ML



DIY

*You can find recipe ideas here:*



Use this QR code or the link to find more information.

[www.primaverallife.com/en/aromatherapy](http://www.primaverallife.com/en/aromatherapy)

**03 PROTECTIVE BLEND**

Concentrate for protection during the cold season, to support the body's own immune system, as a cream to protect against the cold, and as a nose oil for the external area around the nose. For warming full baths or footbaths. The intense Oregano, Thyme Thymol, and Manuka essential oils are embedded in fruity Orange.

11201 | 5ML

**04 SKIN CARESS BLEND**

To reinforce the skin's protective barrier and for supportive care, e.g. in the event of atopic dermatitis, severe itching, flaky, red, and irritated skin, and to regenerate skin in the external genital area. Manuka, Yarrow, Carrot Seed, and Niauli essential oil skin helpers are nestled in Lavender Fine. They calm, regenerate, and fortify the skin's balance.

11203 | 5ML

**05 SOUL CARESS BLEND**

For enveloping, protective skin and personal care. Paying attention and devoting loving, mindful contact to yourself can bestow new strength and confidence and enhance your health. The complex blend with grounding Angelica Root, Vetiver, enveloping Jasmine Absolué, and enlightening Bergamot supports your own mental power.

11202 | 5ML

## USAGE IDEAS

Blend your own individual aromatherapy helpers customized according to acute need and the resources you have available at home or on the go! Perfect for your aromatherapeutic home and portable first aid kit.

**SOUL CARESS TIMEOUT SPRAY**

Wrap yourself in a fragrance mist and take a little timeout.

Slowly add up to 20 drops of Soul Caress Power Concentrate to 100 ml Orange Blossom Water. Spray several pumps around your head, face, and throat area and consciously take note of the scented mist.

**PROTECTIVE BLEND: BOOSTER SHOWER**

Activate your body's defenses even while showering!

Add up to 40 drops of the Protective Blend to 200 ml of unscented body wash. Breathe consciously while showering and think about mobilizing your body's own immune system. Perfect when used in combination with alternating hot and cold showers or other restorative Kneipp applications.

**BELLY CARESS BABY TUMMY OIL**

(for ages 6 months and up)

Helps distressed babies to relax.

Mix 1 drop of Belly Caress into 50 ml Sweet Almond Oil. Gently massage the abdomen and feet of the baby with pre-warmed hands. Gently massage the abdomen clockwise. Carefully observe the baby and respond to its reactions.





# ORGANIC BODY OILS

THE PURE POWER OF PLANTS FOR YOUR SKIN.

*The purest plant power in pure organic body oils  
helps you attain healthy, radiant skin.  
They retain the skin's moisture and promote skin balance.  
The precious active ingredients and vital substances are  
preserved through gentle cold pressing.*

## ORGANIC BODY OILS



HEALTHY SKIN HELPS YOU FEEL BEAUTIFUL

### 01 ORGANIC ALOE VERA OIL

*Aloe barbadensis*. This mildly neutral scented treatment oil retains moisture in dry skin. It calms and relieves sensations of tension in sun-kissed, irritated skin.

74504 | 50 ML

74304 | 100 ML

### 02 ORGANIC APRICOT KERNEL OIL

*Prunus armeniaca*. Has a mild nutty scent and promotes elasticity and radiance in mature and dry skin. Is well suited for the care of sensitive skin such as children's skin.

74303 | 100 ML

### 03 ORGANIC ARGAN SEED OIL

*Argania spinosa*. For supple, firm, and smooth skin. The treatment oil with its nutty and tangy fragrance note also has a regulating effect on skin blemishes and nourishes dry hair ends.

74203 | 30 ML

### 04 ORGANIC AVOCADO OIL

*Persea gratissima*. Fresh and green scented. Nourishes dry, sensitive, and chapped skin so it becomes caressably smooth while protecting it from moisture loss and environmental impacts.

74305 | 100 ML

### 05 ORGANIC CALENDULA OIL

*Calendula officinalis*. Calms reddened, dry and irritated skin. Provides the skin with a protective wrapping and resilience.

74307 | 100 ML

### 06 ORGANIC POMEGRANATE SEED OIL

*Punica granatum*. Smooths and provides dry and mature skin with elasticity. Has a nutty tangy scent and fights premature skin aging.

74200 | 30 ML

### 07 ORGANIC HEMP SEED OIL

*Cannabis Sativa L.* The oil with its spicy and nutty fragrance fosters regeneration of sensitive and inflamed skin, strengthens skin's barrier function, and protects skin from loss of hydration.

74520 | 50 ML

### 08 ORGANIC ST. JOHN'S WORT OIL

*Hypericum perforatum*. With its warm and herbaceous fragrance, this oil calms, regenerates, and fortifies irritated skin. Also works as a special treatment oil for aromatherapy blends.

74510 | 50 ML

74310 | 100 ML

### 09 ORGANIC JOJOBA OIL

*Simmondsia chinensis*. The mildly scented liquid wax protects mature and dry skin from loss of hydration and environmental impact while fighting skin blemishes.

74502 | 50 ML

74302 | 100 ML

### 10 ORGANIC CAMELLIA SEED OIL

*Camellia oleifera*. Calms and strengthens very sensitive, dry, and irritated skin. Endowed with a mildly neutral fragrance, it provides skin with suppleness and a protective shell.

74201 | 30 ML



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### CALMING, PROTECTING, HELPING – THE SKIN SAVERS IN ACTION

#### 11 ORGANIC MACADAMIA NUT OIL

*Macadamia ternifolia*. Nurtures, protects, and regenerates the skin with a nutty fragrance. Transforms dry and scaly skin, making it smooth and supple.

74308 | 100 ML

#### 12 ORGANIC SWEET ALMOND OIL

*Prunus dulcis*. With its mild fragrance, the popular oil calms the skin, protects it, and retains its natural hydration. Ideal for sensitive baby skin.

74501 | 50 ML

74301 | 100 ML

#### 13 ORGANIC EVENING PRIMROSE SEED OIL

*Oenothera biennis*. Calms the skin with a nutty and tangy fragrance and alleviates itching. Ensures suppleness and elasticity. Valuable support for atopic dermatitis.

74202 | 30 ML

#### 14 ORGANIC SALLOW THORN OIL

*Hippophae rhamnoides*. The fruity scented oil calms irritated, dry skin while regenerating and fortifying it. Combats skin irritations and works well for scar care.

74206 | 30 ML

#### 15 ORGANIC BLACK CUMIN OIL

*Nigella sativa*. Strengthens the skin barrier and supports skin metabolism. Endowed with a tangy and spicy fragrance, it is intended for sensitive, irritation prone skin.

74306 | 100 ML

#### 16 ORGANIC SESAME OIL

*Sesamum indicum*. Protects and fortifies dry, scaly skin. Bestows resilience on skin while having a invigorating and warming effect.

74309 | 100 ML

#### 17 ORGANIC SHEA BUTTER RAW

*Butyrospermum parkii*. A vegetable fat that protects rough, chapped, and very dry skin from wind and weather. The completely natural butter smooths and calms irritated skin.

74299 | 25 ML

#### 18 WHEAT GERM OIL

*Triticum aestivum*. The mildly scented oil helps skin retain its elasticity. Ideal to care for skin during pregnancy and to deal with stressed and tired skin.

74311 | 100 ML

#### 19 ORGANIC ROSE HIP SEED OIL

*Rosa moschata*. Wild Rose Oil with a nut-like fragrance. Promotes skin regeneration and provides support in dealing with dilated capillaries and reddened skin. Ideal for scar care.

74204 | 30 ML



### MOTHER AND BABY CARE

Pregnancy and the first year with your baby is a very special time. It's a time of outstanding performance by the female body. Nature provides us with the purest care for this special stage in our lives in the form of cold pressed treatment oils and organic quality pure essential oils.

### NATURAL MAMA

GENTLE AROMATHERAPY FOR PREGNANCY, BIRTH AND BABY'S FIRST YEARS.



NEW

German language only

Please see more information on the book on page 108.





# ORGANIC FLORAL WATER

GENTLE AROMATHERAPY TO SPRAY ON

*Floral waters bestow a good feeling within seconds. The precious fluid, also known as a hydrosol, occurs when fragrant and medicinal plants are distilled and contains a small amount of essential oils as well as water-soluble plant ingredients.*

## ORGANIC FLORAL WATERS



## THE GENTLE POWER OF PLANTS

### 01 ORGANIC WITCH HAZEL WATER

*Hamamelis virginiana (Witch Hazel)*. The tangy and herbaceous scented floral water is ideal for coarse-pored, oily skin, acne, and legs prone to a feeling of heaviness.

74101 | 100 ML

### 02 ORGANIC IMMORTELLE WATER

*Helichrysum italicum*. First aid spray with a warm, spicy fragrance. Particularly soothing for extremely stressed skin, e.g. to treat sensations of tension due to bruises.

74103 | 100 ML

### 03 ORGANIC LAVENDER WATER

*Lavandula angustifolia*. The floral water with herbaceous, mellow fragrance has a calming and balancing effect on itching skin. Nurtures the skin and provides for rapid cooling of sun-stressed skin.

74104 | 100 ML

### 04 ORGANIC ORANGE BLOSSOM WATER

*Citrus aurantium*. Has a delicate floral scent, calming our skin and senses. Refines the complexion and has a soothing effect for skin that tends to redness.

74100 | 100 ML

### 05 ORGANIC PEPPERMINT WATER

*Mentha piperita*. Floral water with minty-clear fragrance with a cooling, clarifying effect. Treats and refreshes tired, heavy legs.

74105 | 100 ML

### 06 ORGANIC ROSE WATER

*Rosa damascena*. Caresse the skin and senses with the fragrance of roses, harmonizes in seconds, and has a moisture-retaining effect on skin.

74102 | 100 ML

### 07 ORGANIC SOS SPRAY

The mellow floral fragrance of Orange Blossoms, Roses, and Hamamelis lifts your spirits and relaxes you a matter of seconds. Ideal size when you're on the go.

74109 | 30 ML



## DIY

*Emulsion to be shaken,  
"Freshness boost for on the go"*

### INGREDIENTS

- 50 ml Organic Peppermint Water
- 50 ml Organic Apricot Kernel Oil
- 10 drops Organic Rosemary Camphor
- empty bottle

### THIS IS HOW TO DO IT:

Add the Rosemary Camphor essential oil to the Apricot Kernel Oil drop by drop and blend. Add to the Peppermint Water. Shake well before using and spray directly onto the skin.



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# AROMA COMFORT

AROMATHERAPY FOR HEALTH  
AND WELLBEING

*Supports your health with the power and intelligence of nature. Our Aroma Comfort products combine 100 % pure essential oils, organic skincare oils and organic floral waters to create organic quality, delicately fragrant sprays, body oils, and fragrance blends. These are products with which you can maintain your health and enhance your sense of wellbeing, and simply experience full plant power everywhere. Because the Aroma Comfort line is "ready to use".*

AROMA COMFORT



ACTIVE COMFORT

Being carefree as you move naturally

FEM COMFORT

Be a woman naturally

SLEEP COMFORT

Fall asleep naturally relaxed

ORAL COMFORT

Naturally revitalizing oral care

HAND COMFORT

Naturally protected hands

HEAD COMFORT

Ensures a clear head

COLD COMFORT

For a natural Cold Comfort feeling





# ACTIVE COMFORT

BEING CAREFREE AS YOU MOVE NATURALLY

*Active people have a sense of self and feel alive. However, healthy physical activity also requires relaxation phases. Our Muscle and Joint Comfort products containing St.John's Wort and Arnica Oil provide for the best possible regeneration. The essential oil of the powerful Wintergreen plant also has an alleviating impact and effectively promotes a carefree body feeling.*



AROMA COMFORT



## MUSCLE COMFORT ORGANIC RUB

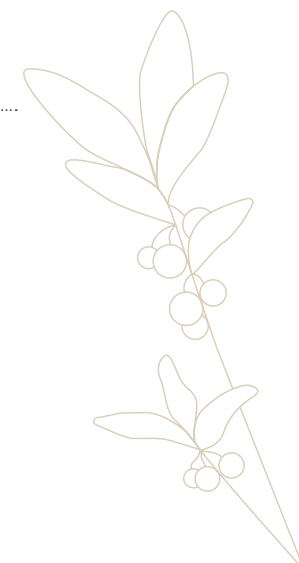
The Active Oil provides nurture following physical activity. Combined with a massage, muscles loosen and are regenerated as tensions relax. Massaging into the skin stimulates skin circulation and a pleasant warming sensation develops.

21830 | 50 ML

## JOINT COMFORT ORGANIC RUB

Mobilizing massages and rubs may help restore more agility and flexibility to strained joints. Intended to be applied to skin for a mobilizing and warming massage.

21820 | 50 ML



## FOR AN EVEN MORE INTENSE EFFECT

The warmly herbaceous scented Organic Immortelle Water is a proven first aid spray. It is particularly

## OUR TIP



soothing for extremely stressed skin, e.g. to treat sensations of tension due to bruises. When sprayed on before using the Muscle or Joint Comfort Oils, the oil can be more quickly absorbed and this enhances the treatment effect.



# FEM COMFORT

BE A WOMAN NATURALLY

*Our femininity is continuously changing – from puberty to menopause. Particularly in times of change, we long for mindfulness. We have expanded the women's line by adding the Organic Sensitive Intimate Oil, which is particularly suited to help address common feminine issues. Pamper yourself with soothing compositions from 100% pure plant power.*



AROMA COMFORT



BE A WOMAN NATURALLY

## 01 ORGANIC SENSITIVE INTIMATE OIL

The Organic Sensitive Intimate Oil is particularly well suited to help address common feminine issues and soothe irritated skin in the external intimate area. Organic Clary Sage has a balancing effect. Organic Bergamot adds more freshness and cleansing properties to your daily personal care. Also ideal for gently treating irritations after intimate shaving. 21730 | 30ML

## 02 ORGANIC MENSTRUAL ROLL-ON

The urgent help for relaxed days is also ideally suited even when you're on the go. Endowed with its fragrance composition of Clary Sage, Ylang Ylang, and Rose Geranium, the Organic Menstrual Roll-On treats your body to a little rest break, wherever you may happen to be. Practical to use wherever you may be. 21750 | 10ML

## 03 ORGANIC HOT FLASH RELIEF SPRAY

Refreshing and balancing body spray based on precious floral waters. Cools and nurtures the skin. At the first signs of a hot flash, spray on the face and décolleté area and consciously enjoy the balancing fragrance. 21710 | 50ML

## 04 ORGANIC MENSTRUAL RELIEF OIL

This nourishing body oil with Evening Primrose and Pomegranate Seed Oil provides natural reinforcement for emotional and physical balance against menstrual pain. The sensual fragrance composition containing Clary Sage also has a balancing effect on hormonally induced mood swings. Treat yourself to a moment of mindfulness in a cozy atmosphere at home. 21720 | 50ML



\* Exception: Organic Hot Flash Relief Spray





## FRAGRANT TIMEOUT

## FRAGRANT TIMEOUT FOR SUPERWOMEN

Our daily lives are demanding. Meeting the needs of children and family along with the routine challenges we face and still finding the time to be mindful of ourselves is not always easy in this day and age. The only way for us to cope well with these challenges is to maintain our sense of balance.

Consciously take a moment for yourself and strengthen your body, mind and soul with the soothing power of nature. Totally natural relaxation. Gather new strength and build resilience with our product tips – for increased wellbeing, satisfaction and joie de vivre in everyday life.



### LOVING CARESSES

Some days, we feel under the weather and need plant-based attention. Create an individual feel-good moment of femininity for yourself by rubbing in the Fem Comfort Organic Menstrual Relief Oil. Fem Comfort Organic Menstrual Roll-On provides you with fast-acting help when you're on the go. A precious gift for you as a heroine and superwoman.

### FRESHNESS BOOST FOR A BRIGHT START TO YOUR DAY

Give your skin the gift of the nourish and attention it needs. Take time for your skin in the morning and pamper it with the Hyaluronic Serum De-Stressing & Regenerating. For intense, long-lasting skin hydration and a brilliant start to your day.



### FRAGRANT TIMEOUT

After a long, strenuous day, quickly and easily come to rest with your own personal fragrant timeout. Find your favorite place, such as the couch with a cozy blanket, and enjoy moments of calm and relaxation with the Aroma Stone Simply Silent. The Heartwarming Blend is perfect for scenting. With Rose, Vanilla, and Sandalwood, you give yourself the gift of peace and a fragrant embrace.



# SLEEP COMFORT

RELAX AND FALL ASLEEP, NATURALLY

*Restorative sleep is one of the most important pillars of health. It lets our bodies come to rest and gives us strength. In addition to calming Lavender, the Neroli and Vanilla in our products also promote a relaxed feeling. The 100% pure essential oils have a therapeutic effect on the senses, and the comforting fragrance supports restful sleep. After a long day, sink gently into soft pillows and discover peace and emotional security.*



AROMA COMFORT



01



02



04



03

RELAX AND FALL ASLEEP, NATURALLY

## 01 ORGANIC AROMA ROLL-ON

Handy Aroma Roll-On, whose fragrance helps promote restful sleep at home and on the go. Apply to the back of the neck and temples or just under the nose.

21600 | 10ML

## 02 ORGANIC BLEND

Relaxing and calming blend - also suited for aroma baths. For a full bath, mix a maximum of 10 drops of the blend with 3 Tbsp. sea salt and add to bath water.

21630 | 5ML

## 03 ORGANIC BABY & KIDS BALM

Suitable for age 6 months and up. Massage into little feet or on chests and backs, and the subtle fragrance, with its mild essential oils Benzoin Siam, Ho Leaves and Lavender, creates a soothing bedtime ritual.

21660 | 30ML

## 04 ORGANIC PILLOW MIST

Practical Pillow Mist with relaxing fragrance composition that fosters restful sleep. Spray directly onto the pillow or into the room. Also perfect for when you're out and about.

21620 | 30ML



VEGAN







# ORAL COMFORT

NATURALLY REFRESHING ORAL CARE

*A natural smile radiates joie de vivre. Healthy teeth and good oral hygiene are essential components. Oral health often even correlates to the health of the entire body. By using the Oral Comfort products, with their 100% organic plant oils such as Coconut and Sesame Oil and the naturally pure essential oils of Cardamom, Ginger, Spearmint, and Lemon you'll help ensure a totally healthy mouth feel.*



## ORGANIC OIL PULLING

Traditionally, oil pulling detoxifies, cleanses, and invigorates the human body. In the Oral Comfort Oil Pulling we combine our knowledge derived from aromatherapy with the thousand year old teachings of Ayurveda. Experience a unique, tasty, and effective formula for superior oral health.  
21300 | 200 ML

## MOUTH WASH

Our natural Mouth Wash ensures fresh breath after brushing your teeth and natural strengthening of the oral flora. The alcohol-free formula with Xylitol (birch sugar) complements your daily oral care routine and works with the 100% pure and natural plant power to support your oral and dental health.  
21311 | 250 ML



## ORGANIC ACUTE LIP GEL

The Oral Comfort Acute Lip Gel gently and effectively nourishes irritated and injured areas of the mouth. Containing 100% pure and organic ingredients, the gel forms a protective cooling film that intensely nourishes lips. It also relieves itching, tingling, and a sense of tension, while supporting skin regeneration.  
21320 | 10 ML





# HEAD COMFORT

ENSURES A CLEAR HEAD



*All aspects of our daily routine demand our full attention and a clear, vigilant mind. Peppermint Water and Peppermint Oil refresh, vitalize, relieve slight headaches, and help us to keep a clear mind. Easy to use, the 100% pure essential oils have a pleasant cooling effect and enhance our ability to stay focused.*

## ORGANIC AROMA ROLL-ON

The vitalizing fragrance experience with 100% pure essential oils helps you keep a clear head and helps alleviate mild headaches. The formula of the Head Comfort Aroma Roll-On based on precious Peppermint Water and Peppermint Oil holds the unique power of holistic aromatherapy. Practical roll-on application – always with you in your pocket. 21400 | 10ML



# HAND COMFORT

NATURALLY PROTECTED HANDS

*Handles, latches, buttons. These are some of the contact points that are hard to avoid in our daily lives. Therefore, effective hand hygiene is all the more important. Cleanse and care for your hands with the 100% pure Manuka, Thyme Thymol, and Litsea essential oils as well as Rose and Myrtle Water, embedded in antimicrobial organic alcohol. This sanitizing spray provides a clean hand feeling, both at home and on the go.*



## ORGANIC HAND SANITIZER SPRAY

The fresh scented Hand Comfort Hand Sanitizer Spray with efficacious organic alcohol (63%) evenly and reliably cleanses and protects the skin. It combines effective cleansing with vital moisturizing care and a pleasant fragrance experience. With the full power of nature. Spray on hands several times a day and rub in thoroughly until the spray has been absorbed. 21900 | 50ML





# COLD COMFORT

FOR A NATURAL COLD COMFORT FEELING

*Conscious breathing is an important aspect of health and wellbeing. Preventive care is especially important during the cold season, so we can feel comfortable even in low temperatures. The 100 % pure essential oils of Eucalyptus, Swiss Stone Pine, and Spruce Needles provide a relaxing fragrance and bestow an invigorating Cold Comfort feeling.*



FOR A NATURAL COLD COMFORT FEELING

## 01 ORGANIC BALM

The nourishing and refreshing balm for chest and back rubs also calms irritated skin around the nose. Suitable for children ages 6 and up.  
21550 | 30ML

## 02 ORGANIC FACE MASK SPRAY

With its minty fresh fragrance, it helps improve deep breathing when you are wearing an FFP2, surgical or cloth mask. Ideal handbag size for when you're out and about.  
21570 | 20ML

## 03 ORGANIC BLEND

Vitalizing and fortifying blend, also suitable for aroma baths. For a full bath, mix a maximum of 10 drops with 3 Tbsp. sea salt and add to bath water.  
21530 | 5ML

## 04 ORGANIC PILLOW MIST

Delicately fragranced Pillow Mist that supports conscious breathing and restful sleep, particularly in the cold season. Spray directly onto the pillow or into the ambient air.  
21520 | 30ML

## 05 ORGANIC BREATHE EASY STICK

Comes in a handy stick, so the revitalizing and restorative scent is always on hand when you're on the go. Hold directly under the nose and breathe deeply.  
21501 | 0.80ML



# FACE CARE






LOVING YOUR SKIN

*PRIMAVERA Face Care represents a loving, caring and appreciative interaction of humans with nature. It is a gift to our uniqueness. It helps our very own beauty to shine, and to sustains it – from the inside out.*

## LOVING MY SKIN

PRIMAVERA Organic Beauty is our declaration of love for us humans and for nature. It is the link in a natural cycle that draws on nature and, in the process, helps conserve it for the future. The new Face Care is our precious gift and the result of decades of living, thinking, and acting in close connection with nature. As pioneers in aromatherapy, we have incorporated our deep-seated knowledge of essential oils and the efficacy of pure and natural plants into our new face care compositions. They combine our understanding of the impact of pure and natural plants and how they accommodate the skin's needs.

### INNOVATIVE FORMULAS AND SENSUAL FRAGRANCES

-  Selected plant compositions with greatest effectiveness
-  Unique lightweight formulations featuring pampering fragrances
-  Compositions based on our in-depth knowledge concerning essential oils and the efficacy of pure and natural plants
-  Pure active plant ingredients, primarily from organic cultivation
-  Vegan





## AT A GLANCE

The innovative new face care focuses on effectiveness and individuality and offers multifaceted combination options. This allows it to meet the needs of every skin type in any life situation. Depending on what the skin needs, the products in the various lines can be mixed and matched with each other again and again.



### SUSTAINABLE

#### AIRLESS PACKAGING FOR CREAMS AND FLUIDS

I ...

- ... am made of 82% recycled material (without cap) and help preserve resources
- ..., with your help, can flow 100% back into the material life cycle

Thank you for supporting me to preserve the Earth's natural resources.



Airless Packaging:  
Flexible internal protective bag

1

CLEANSING

### CLEANSING



FOR ALL SKIN  
TYPES

2

DAILY CARE

### HYDRATING



FOR NORMAL, DRY, AND  
SENSITIVE SKIN

### GLOWING AGE



FOR MATURE,  
DEMANDING SKIN

### PURE BALANCE



FOR COMBINATION  
AND OILY SKIN

3

EXTRA CARE

### ENERGY BOOST



FOR ALL SKIN TYPES





## CLEANSING

Uniquely Fresh and Natural

### FOR ALL SKIN TYPES

Innovative cleansing for optimal preparation for care – can be individually combined with all care products

#### 01 CLEANSING MILK – SOFT & DELICATE

Surfactant-free, protects skin from dehydration during daily cleansing and stabilizes the natural skin barrier. Composed of stimulating Organic Cucumber Seed Oil and fragrant Citrus Accords with fresh Mint, this milk cleanses gently and provides for a relaxed skin sensation. In doing so, it pampers the skin and senses with its balancing and soothing fragrance.

27310 | 100 ML

#### 02 CLEANSING GEL – 2 IN 1 DEEP CLEANSE

Moisturizes and removes makeup effectively. It pampers the skin with its gentle foaming texture and absorbs excess sebum. Composed of pure plant essences that include Organic Cucumber Seed Oil and Citrus Accords with fresh Mint, it gently cleanses as it protects the skin's natural moisture barrier. Its refreshing scent embraces the senses to deliver a sensual skin care experience.

27300 | 100 ML

#### 03 PEELING GEL – DEEPLY CLEANSING & RENEWING

Its effect is a product of the unique composition of the pure plant power of Organic Cucumber Seed Oil and Citrus Accords with fresh Mint. It exfoliates gently and effectively with Olive Kernel and Jojoba Pearls, gently removing excess scaliness, thus creating a visibly younger appearance. Its refreshing fragrance and delicate foaming texture turn it into a sensual step in our skincare ritual.

27320 | 60 ML



## HYDRATING

Source of Pure Moisture

### FOR NORMAL, DRY, AND SENSITIVE SKIN

Pure hydration for the skin and protection from external environmental factors

#### 01 FACE TONER – ULTRA HYDRATING

The perfect basis for naturally effective skincare. The toner is a fragrant refresher, energizes, gently protects the skin barrier, and creates radiance. Pure and natural plant power including Organic Cassis and Organic Orange Blossom pampers the skin, gently toning and providing soothing hydration.

27400 | 100 ML

#### 02 FACE FLUID – POLLUTION PROTECTION

The silky texture has an instant revitalizing effect and enhances long-lasting skin hydration. The Fluid effectively activates the natural skin barrier with Organic Cassis Seeds and Schisandra Berries, protects against premature aging due to environmental impacts, and makes skin glow.

27410 | 30 ML

#### 03 FACE CREAM – ULTRA SOFT & CALMING

Thanks to its sensitive formula containing Organic Cassis Seeds, Schisandra Berries, and Organic Raspberry Seed Oil, it gently calms sensitive and irritation-prone skin. At the same time, it has an effective strengthening effect on the skin matrix, increases skin hydration, and protects against premature skin aging caused by external environmental factors.

27440 | 30 ML

#### 04 VITAL FACE OIL – MOISTURIZING & PROTECTIVE

Intensely increases hydration and gives skin new elasticity. Organic Cassis Seed Oil, Raspberry Seed Oil, and Himalayan Rose Cherry Oil give our complexion a glowing radiance and energize the natural skin barrier. The quickly absorbed texture instantly creates a vibrant appearance.

27430 | 30 ML

#### 05 EYE ROLL-ON – INSTANTLY COOLING

Refreshes dry, tired skin and brightens the eye area. Enhanced by a stainless-steel applicator, it improves the skin's micro-circulation, depuffs, balances, and soothes.

27420 | 12 ML

#### 06 STARTER & TRAVEL SET HYDRATING

- Cleansing Milk – Soft & Delicate 25 ml
- Face Toner – Ultra Hydrating 28 ml
- Face Fluid – Pollution Protection 8 ml

44495







GLOWING AGE  
Timeless Radiance

**FOR MATURE, DEMANDING SKIN**  
Firms, smooths, revitalizes, and regenerates

**01 TONING LOTION – PERFECTLY ILLUMINATING**

Its innovative formula provides sustained strength to the skin's natural structure. Its composition of Anigozanthos Flower Nectar and Caviar Lime Pearls improves the skin's firmness and elasticity. It also provides intense hydration and maintains the youthful vigor of our skin.  
27600 | 100 ML

**02 DAY CREAM – ULTIMATE NEW AGING**

Maintains and protects the skin's natural architecture, improves elasticity, and firms facial skin all the way down to the décolleté. Its innovative pure plant power composition has a fragrant pampering impact and ensures a long-lasting, even appearance with fascinating radiance.  
27640 | 30 ML

**03 NIGHT CREAM & MASK – SMOOTHING & RENEWING**

Firms, smooths, revitalizes, and regenerates. It makes the skin velvety smooth and gives us a youthful radiance. The Night Cream & Mask increases skin hydration, fortifies the skin barrier, firms the skin's structure, and creates a natural WOW effect.  
27650 | 50 ML

**04 RICH FACE OIL – REGENERATING**

Retains hydration and bestows firmness. Its composition of Cacay Oil and Maracuja activates the skin's microcirculation, thus enhancing its elasticity and regenerative capabilities.  
27630 | 30 ML

**05 EYE CREAM – BRIGHTENING**

Has a visible brightening, smoothing, and lifting effect. It works in a totally natural way to create long-lasting, well defined eye contours and its pure plant power ensures radiant looking eyes.  
27620 | 15 ML

**06 STARTER & TRAVEL SET  
GLOWING AGE**

- Cleansing Milk – Soft & Delicate 25 ml
  - Toning Lotion – Perfectly Illuminating 28 ml
  - Day Cream – Ultimate New Aging 8 ml
- 44497



06



PURE BALANCE  
Skin in Balance

**FOR COMBINATION AND OILY SKIN**  
Mattifies, balances, and refines the complexion

**01 FACE TONER – CLARIFYING & PORE MINIMIZING**

Refines pores, diminishes redness, and ensures a clear complexion. The pure plant essences of Organic Sage, Organic Licorice Root, and Organic Lemongrass have an invigorating effect, naturally regulate sebum production, and promote optimal moisture balance.  
27500 | 100 ML

**02 CREAM FLUID – MATTIFYING**

Moisturizes and balances the natural skin flora while regulating sebum production. The fast-absorbing, lightweight fluid tightens pores and alleviates skin irritations, resulting in a clear, even, mattified complexion.  
27510 | 30 ML

**03 SPOT ACUTE GEL**

The Spot Acute Gel is the perfect SOS aid for skin impurities, blackheads, and clogged pores. With Organic Sage, Organic Licorice, Organic Chamomile, and Willow Bark Extract, this fragrant gel works to regulate and reduce excess sebum, making this a totally natural way to achieve a clear and even complexion.  
27520 | 10 ML

**04 STARTER & TRAVEL SET  
PURE BALANCE**

- Cleansing Gel – 2 in 1 Deep Cleanse 25 ml
  - Face Toner – Clarifying & Pore Minimizing 28 ml
  - Cream Fluid – Mattifying 8 ml
- 44496



04





ENERGY BOOST  
Natural Glow

#### FOR ALL SKIN TYPES

Superbly effective, high-quality products to give you that extra special care – can be combined individually with all face care items.

#### 01 HYALURON SERUM – DE-STRESSING & REGENERATING

This effective serum is a composition of pure plant essences with Damascene Rose, Organic Lime, and Organic Aloe Vera. Provides long-lasting and intense hydration. The serum also firms skin, smooths, and diminishes skin damage caused by stress factors. Significantly reduces signs of fatigue. For a fresh, relaxed, and vibrantly strengthened complexion.

27700 | 30 ML

SUPERB  
FIRMING EFFECT

2X

You get a superlative firming and toning effect by using the Hyaluron Serum twice in direct succession.

#### 02 VITAMIN C SERUM – ILLUMINATING & BALANCING

The sensitive texture increases skin hydration, fragrantly protects from oxidative stress, and specifically diminishes pigment spots and irregularities. The active concentrates of White Sea Daffodil with natural Power Vitamin C and Green Tea extracts ensure a natural glow and an even, radiant complexion.

27710 | 30 ML

#### 03 EYE CREAM FOR FACE – CELL RENEWING

Provides an instant hydration flash. The revitalizing and firming cream contains Arjuna Bark and energizing taurine of Jania Rubens Algae. It works very naturally to diminish wrinkles, under eye circles, and puffiness and has a fragrant, gently fortifying effect on the eye area.

27720 | 25 ML



WHITE SEA DAFFODIL  
PURE  
PLANT POWER

#### GLOWING COMPLEXION

The lustrous gold effect of the elegant Vitamin C Face Serum refines the skin's texture to create an even, radiant complexion.



## PLANT POWER FOR ALL SKIN TYPES

The energizing plant-based active compositions of the Energy Boost products provide for even-looking and radiant skin. All three vitalizing elixirs shine in their own totally individual way and make daily skin care imbued with pampering fragrances and textures a tangibly sensual experience. The highly effective Energy Boosters are compatible with all skin types and, depending on the skin's needs, can be individually combined with all three lines.



TIP

KARIM SATTAR  
GLOBAL COMMUNICATIONS EXPERT  
& COSMETICS PROFESSIONAL

*“By using the Eye Cream For Face you have the option of applying the high potency of an eye cream for your entire face. Apply selectively to wrinkles, dark circles, and puffiness. Follow up with remaining skincare steps.”*

# BODY CARE

PAMPERING MOMENTS FOR THE SKIN AND SENSES

*A healthy body is home to a healthy mind.  
You should therefore protect your "home" and enjoy effective  
caresses with PRIMAVERA Body Care products.  
The essential oils they contain do more than nourish  
the skin, they actually give you fragrant, feel-good moments.*

ORGANIC & NATURAL SKINCARE



ENERGIZING BODY CARE ORGANIC GINGER & LIME  
Bestows Joie de Vivre and Revitalizes the Skin

## 01 ENERGIZING BODY WASH

Creamy and richly nourishing with fruity and sunny fragrance for pure joie de vivre.  
73135 | 200 ML

## 02 ENERGIZING BODY LOTION

Provides intense, rapidly-absorbed hydration with cold pressed organic treatment oils.  
73115 | 200 ML

## 03 ENERGIZING BODY OIL

Has a refreshing effect and nourishes with precious cold pressed Organic Jojoba and Organic Chia Seed Oil.  
73105 | 100 ML

## 04 ENERGIZING BATH OIL

The fresh and fruity fragrance lifts your spirits and invigorates. Also suitable for vitalizing footbaths.  
73120 | 100 ML

## 05 LEMONGRASS GINGER NATURAL BAR SOAP

The fresh scented soap cleanses hands, face, and body and produces a smooth, soft skin feel. Manufactured in Bhutan as part of our social soap project of Organic Bhutan. Find more info on pages 16 & 17.  
73161 | 100 G

## 06 HAND & NAIL BALM

Rapidly absorbed, it nurtures stressed hands and strengthens the nails.  
73140 | 50 ML

## 07 ROLL-ON DEODORANT

This mild, aluminum salt-free refreshing Roll On Deodorant works around the clock to protect you from unwelcome body odor, and does not leave marks on clothing.  
73150 | 50 ML



\* All the products of the Ginger Lime Energizing Body Care are vegan, with the exception of the Hand & Nail Balm and the Lemongrass Ginger Natural Soap.





### RELAXING BODY CARE ORGANIC LAVENDER & ORGANIC VANILLA

Relaxes the Senses and Soothes Sensitive Skin

#### 01 RELAXING BODY WASH

Bestows relaxed feel-good moments and nourishes the skin with precious organic plant oils.  
73235 | 200 ML

#### 02 RELAXING BODY CREAM

Luxurious treatment for sensitive skin. Strengthens the skin's protective barrier with 100% pure and natural plant power.  
73216 | 200 ML

#### 03 RELAXING BODY OIL

The Body Oil with calming Lavender is well suited for dry, sensitive skin and perfect for relaxing massages.  
73205 | 100 ML

#### 04 RELAXING BATH OIL

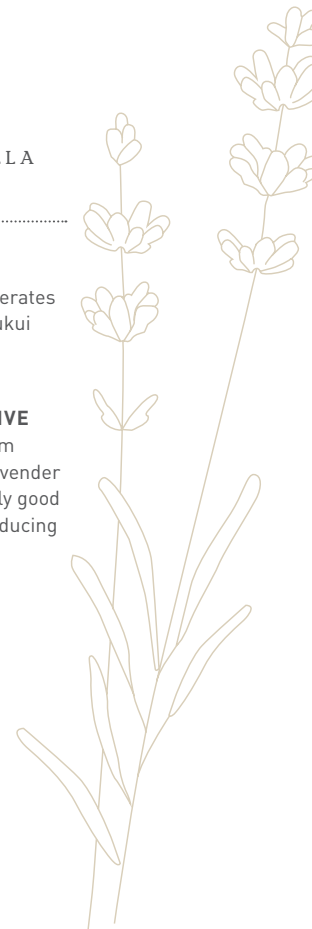
For relaxation and intensive care. Inner peace descends, and skin is nourished.  
73220 | 100 ML

#### 05 REPAIR HAND CREAM

The rich Hand Cream protects and regenerates intensely stressed hands with Organic Kukui Nut Oil.  
73240 | 50 ML

#### 06 ROLL-ON DEODORANT - SENSITIVE

Formulated without alcohol and aluminum salts, this deodorant contains Organic Lavender and Organic Bamboo, which are especially good for sensitive skin. It neutralizes odor-producing bacteria and thus provides effective 24-hour protection against body odor.  
73250 | 50 ML



### HARMONIZING BODY CARE ORGANIC ROSE & OSMANTHUS

Balances and Regenerates the Skin

#### 01 HARMONIZING BODY WASH

Harmonizes with a floral, sensuous fragrance, and pampers with its rich and creamy, nourishing texture.  
73335 | 200 ML

#### 02 HARMONIZING BODY CREAM

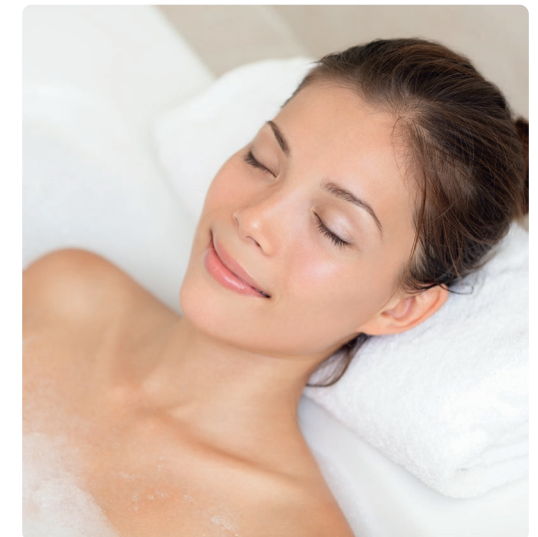
The rich Body Cream pampers demanding skin with intense hydration.  
73316 | 200 ML

#### 03 HARMONIZING BODY OIL

Actively fights premature skin aging and regenerates the skin.  
73305 | 100 ML

#### 04 HARMONIZING BODY OIL

The inspiring fragrance invites you to dream as it nurtures mature, demanding skin.  
73321 | 100 ML





01

02

03

## ACTIVE CARE

ORGANIC MINT & ORGANIC CYPRESS  
Activates and Refreshes Body and Mind

## 01 REFRESHING BODY WASH

Refreshes and energizes the skin and senses with a clear, tart fragrance. Particularly skin-loving pH-skin neutral Body Wash.  
73435 | 200 ML

## 02 REFRESHING BODY SCRUB

Gently exfoliates dead skin cells and its Jojoba Wax Pearls and Olive Seeds smooth the skin.  
73445 | 200 ML

## 03 REFRESHING BODY OIL

Firms and promotes skin elasticity. Rapidly absorbed and nourishes intensely.  
73405 | 100 ML



01

02

## LIP CARE

Naturally Nourished Lips

## 01 LIP BALM CARE &amp; REPAIR

Rich and long-lasting intensive care with cold pressed Organic Hemp Seed Oil. Fruity, fresh fragrance composed of Organic Lemon and Organic Litsea.  
27760 | 4.6 G

## 02 LIP BALM CARE &amp; GLOW

Delicate care with Cupuaçu Butter and Organic Jojoba Oil, which enhances the lips with a natural subtly tinted shimmer. Sensuous, delicate fragrance of Organic Rose and Organic Mandarin.  
27765 | 4.7 G



01

02

03

04

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06

FOR THOSE SPECIAL FEEL-GOOD MOMENTS  
Engender Wellbeing and Nurture the Skin

## 01 HAPPINESS ORGANIC HAND CREAM

Nurtures the skin with precious Organic Hemp Seed Oil and its fresh fragrance bestows little moments of happiness.  
73960 | 50 ML

## 02 HAPPINESS BODY WASH

The Body Wash cleanses gently and its fresh scent provides a moment of lighthearted wellbeing.  
73950 | 200 ML

## 03 SWEET LOVE HAND CREAM

The pampering Hand Cream with its precious cold pressed organic treatment oils provides long-lasting protection and nourishment.  
73940 | 50 ML

## 04 SWEET LOVE BODY WASH

The creamy Body Wash cleanses gently and pampers with Organic Rose, Organic Neroli, and Organic Mandarin, bestowing harmony and joie de vivre.  
73910 | 200 ML

## 05 YOGA FLOW BODY WASH

The fruity Body Wash bestows clarity and inner balance on us. Ideal to complement a yoga workout or as an occasional meditative timeout.  
73981 | 200 ML

## 06 FOREST WALK BODY WASH

The woody, fresh fragrance composed of Organic Cedar, Organic Cypress, and Organic Juniper Berries brings the forest into our homes. The clear forest fragrance grounds us and gives us strength.  
73980 | 200 ML





# WELLBEING

PURE AND NATURAL FRAGRANCES -  
COMPANIONS FOR LIFE

*Every day, we try to maintain the balance between our daily challenges and moments of peace. The PRIMAVERA Wellbeing range both smells good and does good. Wonderfully fragrant and unique. Nature's gift that is a helpful companion in all life situations. To this end, we've created a variety of individual fragrance compositions made of pure and natural plant power.*

## WELLBEING



### ROOM SPRAY

Use a few pumps to spray the fragrance directly into the room and enjoy the beneficial effect of the essential oils.

### BLEND

Use the scents in combination with our decorative fragrance devices. Place a few drops on a fragrance stone, in an Aroma Oil Warmer, or an Aroma Diffuser and create your own personal feel-good ambiance that is perfectly tailored to your needs.



### AROMA ROLL-ON

The practical companion for at home and on the go. Simply apply to the nape of the neck, wrists, and temples or directly under the nose, and you can let go of any and all tension for a moment.





## PURE AND NATURAL FRAGRANCES – COMPANIONS FOR LIFE

**01 SUMMER SUN ORGANIC ROOM SPRAY**

Fragrance benefit: exhilarating • Fragrance profile: fruity and warm. All it takes is a few sprays to get the sunny summery feeling of southern climes into your own home at any time.  
19506 | 50ML

**02 GOOD MOOD ORGANIC ROOM SPRAY**

Fragrance benefit: motivating • Fragrance profile: fruity and exotic. Shines a light on the sunny side of life. Enveloped by the fruity fragrance of Orange, Lime, and Lemon, we greet every day with a smile.  
19500 | 50ML

**03 IN BALANCE ORGANIC ROOM SPRAY**

Fragrance benefit: balancing • Fragrance profile: softly floral, the In Balance Room Spray combining Rose, Orange, and Rose Geranium offers a wonderful opportunity to bring your innermost senses into balance.  
19511 | 50ML

**04 RECHARGE ORGANIC ROOM SPRAY**

Fragrance benefit: strengthening • Fragrance profile: woody, spicy; the fragrance of Cedar, Cardamom and Bergamot fortifies us to deal with the major and minor challenges of our everyday lives.  
19517 | 50ML

**05 YOGA FLOW ORGANIC ROOM SPRAY**

Fragrance benefit: for mindful breathing • Fragrance profile: clear, fruity, soft: Myrtle, Grapefruit, and Sandalwood have a balancing and clarifying impact. Also ideally suited for scenting and cleansing yoga mats.  
19501 | 50ML

**06 RELAXED ORGANIC ROOM SPRAY**

Fragrance benefit: relaxing • Fragrance profile: floral and enveloping; The Room Spray containing Lavender, Siam Benzoin, and Ho Leaves slows things down and brings tranquility and relaxation into our everyday routine.  
19503 | 50ML

**07 CLEAN AIR ORGANIC ROOM SPRAY**

Fragrance benefit: clarifying • Fragrance profile: fresh and tart. The combination of Peppermint, Lemon, and Myrtle has a clarifying and freshening effect on your home.  
19510 | 50ML



VEGAN

## ROOM SPRAYS

SPARKLING JOIE DE VIVRE

*Regardless of whether you just happen to be relaxing or concentration is called for – our room sprays composed of 100% pure essential oils work their magic at home, in your hotel or at work to create an individual feel-good climate.*





WHAT COLOR WOULD YOU LIKE TODAY?

#### 08 SPACE CLEARING ORGANIC ROOM SPRAY

Fragrance benefit: liberating • Fragrance profile: spicy and tart. The scent of Silver Fir, Rhododendron, and Juniper Berries cleanses and liberates our spaces from negative thoughts, feelings, and energies.

19516 | 50 ML

#### 09 CONCENTRATION ORGANIC ROOM SPRAY

Fragrance benefit: concentration-boosting • Fragrance profile: fruity and tart, clear. When you need mental clarity, alertness and the best possible focus, this room spray helps turn mental effort into easy thought processes.

19502 | 50 ML

#### 10 SWISS PINE FOREST ORGANIC ROOM SPRAY

Fragrance benefit: grounding • Fragrance profile: woody, fresh, warm. Grounds us, gives us clarity and confidence. Brings the forest into our homes.

19514 | 50 ML

#### 11 FOREST WALK ORGANIC ROOM SPRAY

Fragrance benefit: uplifting • Fragrance profile: woody fresh. The woodland freshness of giant firs and spruce needles lifts our spirits.

19518 | 50 ML

#### 12 ENERGY BOOST ORGANIC ROOM SPRAY

Fragrance benefit: energizing • Fragrance Profile: fresh and woody, Douglas Spruce, Silver Fir, and Grapefruit create an invigorating room climate that gets us through the day with power.

19504 | 50 ML

#### 13 HAPPY LEMONGRASS ORGANIC ROOM SPRAY

Fragrance benefit: refreshing • Fragrance profile: fresh and lemony. The Happy Lemongrass Room Spray is a sparkling source of refreshment and engenders happy light-heartedness.

19513 | 50 ML



### STAY CENTERED

*In increasingly challenging times, natural fragrances can be effective in enhancing our sense of wellbeing.*

*Via our sense of smell, they work directly in the limbic system in our brain, where they have a positive effect on our emotional universe. Select fragrances have the capacity to reduce stress, promote restful sleep, relieve anxiety, comfort and console us or lift us to a gentle recovery when we are stuck in a depressed mood.*

### OUR MUST-HAVES



01 Recharge Organic Room Spray (see p. 81) | 02 Let Go Blend (see p. 85)  
03 Aroma Diffuser Petit (see p. 101) | 04 Happiness Body Wash (see p. 77)

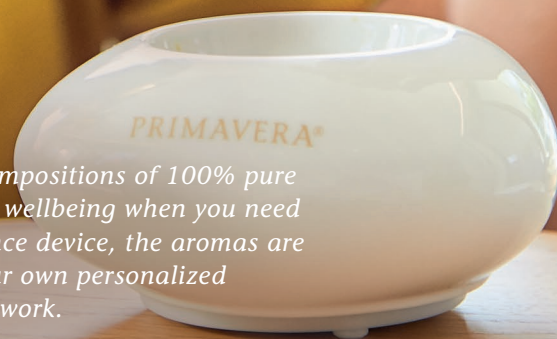




# BLENDS

FRAGRANT MOOD MAKERS

*Perfectly coordinated fragrance compositions of 100% pure essential oils always promote your wellbeing when you need it most. With the help of a fragrance device, the aromas are dispersed in the air and create your own personalized feel-good ambience at home or at work.*



WELLBEING



## LITTLE EVERYDAY TREASURES

### 01 SUMMER SUN BLEND

Fragrance benefit: exhilarating • Fragrance profile: fruity and warm, sunbeams, summer breezes, and Orange Blossoms. Bring the fragrance of warm summer days into your home at any time with this blend of Neroli, Green Tangerine, and Orange.

18506 | 5 ML

### 02 GOOD MOOD BLEND

Fragrance benefit: motivating • Fragrance profile: fruity and exotic; joie de vivre embraces the lighter side of life. Accompanied by the fruity fragrance of Orange, Lime, and Lemon, we greet every day with a smile.

18500 | 5 ML

### 03 HAPPINESS FRAGRANCE BLEND

Fragrance benefit: mood-enhancing • Fragrance profile: easygoing, cheerful; happiness has many aspects. Mandarin, Grapefruit, and Tonka create the right atmosphere for sharing feelings of happiness or experiencing them all by yourself.

18507 | 5 ML

### 04 HEARTWARMING BLEND

Fragrance benefit: harmonizing • Fragrance profile: rosy and warm, like a cozy embrace Rose, Vanilla and Sandalwood gently soothe, providing you and our loved ones with a sense of warmth, affection and comfort.

18508 | 5 ML

### 05 IN BALANCE BLEND

Fragrance benefit: balancing • Fragrance profile: floral and soft, Rose, Orange, and Rose Geranium. A sensually harmonizing fragrance – and a wonderful opportunity for becoming mindful of yourself and balancing your innermost thoughts and emotions.

18511 | 5 ML

### 06 YOGA FLOW BLEND

Fragrance benefit: for mindful breathing • Fragrance profile: clear, fruity, soft; a fruity and fresh scent for even more mindful breathing during your yoga session, Myrtle, Grapefruit and Sandalwood have a clarifying effect, helping us to find our inner core.

18501 | 5 ML

### 07 LET GO BLEND

Fragrance benefit: calming, encouraging • Fragrance profile: gently herbaceous: Lavender and Iris provide both power and the equanimity to put relationships, thoughts or even past experiences behind you. Managing to let go will allow you to experience the magic of new beginnings.

18512 | 5 ML



VEGAN

\* More than 45% of blends have an organic content of over 95%.





## PURE PLANT POWER THAT WORKS

### 08 TOTALLY RELAXED BLEND

Fragrance benefit: relaxing • Fragrance profile: floral and enveloping; in-depth calm and relaxation for mind and body. Lavender, Siam Benzoin, and Ho Leaves have a soothing effect, protectively enveloping you and promoting serenity and relaxation.

18503 | 5 ML

### 09 CLEAN AIR BLEND

Fragrance benefit: clarifying • Fragrance profile: fresh and tart; Peppermint, Lemon, and Myrtle working together are veritable fresh air conjurers. They neutralize odors, clean the ambient air, and bring the pure fresh feeling of nature into your home.

18510 | 5 ML

### 10 CONCENTRATION BLEND

Fragrance benefit: concentration-boosting • Fragrance profile: tart and fruity, clear; clears your head, promotes sound concentration and a superlative ability to focus thanks to the scents of Lemon, Giant Fir, and Sage. Focused thinking couldn't be easier.

18502 | 5 ML

### 11 FOREST WALK BLEND

Fragrance benefit: uplifting • Fragrance profile: woody fresh; the woodland freshness of giant firs and spruce needles lifts our spirits. We imagine the soft forest floor, smell the warm scent of trees and resin, and experience new strength.

18518 | 5 ML

### 12 JOYFUL JOURNEYS BLEND

Fragrance benefit: invigorating • Fragrance profile: zesty and fruity; the scent of Grapefruit, Douglas Spruce, and Lemongrass has a multi-faceted effect. It promotes concentration when driving, keeps the mind alert and helps alleviate travel sickness.

18505 | 5 ML

### 13 JOY OF LIFE BLEND

Fragrance benefit: uplifting • Fragrance profile: fruity and fresh, feel the pure lust for life with every fiber of your being. Grapefruit, Spearmint, and Lime whisk lightheartedness into your everyday life and inspire you to live life to the fullest.

18509 | 5 ML



## YOGA WITH ALL OUR SENSES

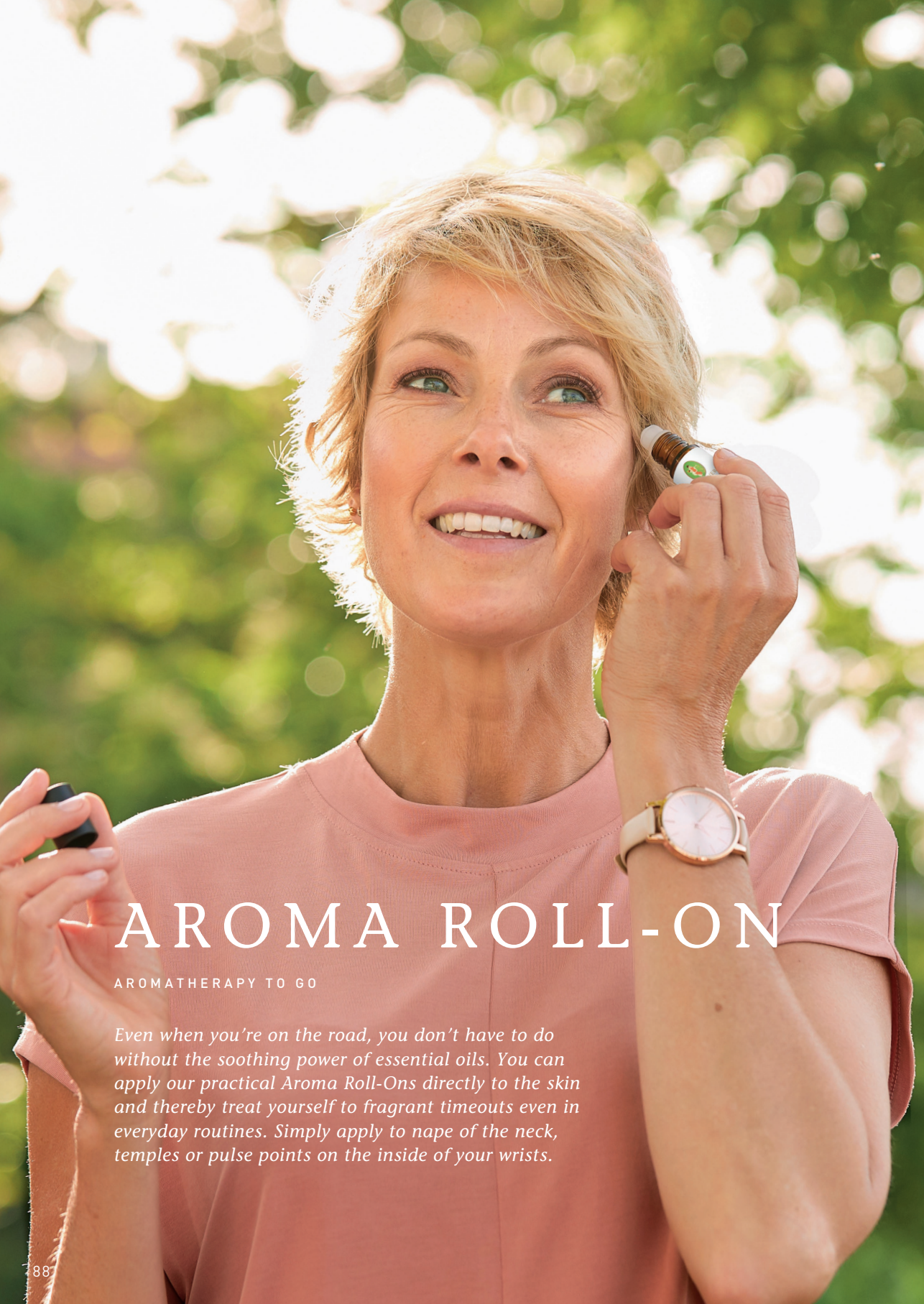
For many people, yoga is a valuable companion on their journey to achieving inner balance. The flowing motions connect body, mind, and soul and help us to stay cool in our often stressful daily lives. These fragrances reinforce this effect and help you find peace – with or without yoga.

## OUR MUST-HAVES



01 Yoga Flow Organic Room Spray (see p. 81) | 02 In Balance Blend (see p. 85)  
03 Aroma Stone Lotus Flower (see p. 105) | 04 Yoga Flow Body Wash (see p. 77)





# AROMA ROLL-ON

AROMATHERAPY TO GO

*Even when you're on the road, you don't have to do without the soothing power of essential oils. You can apply our practical Aroma Roll-Ons directly to the skin and thereby treat yourself to fragrant timeouts even in everyday routines. Simply apply to nape of the neck, temples or pulse points on the inside of your wrists.*

WELLBEING



EFFECTIVE COMPANIONS

## 01 GOOD MOOD ORGANIC AROMA ROLL-ON

Fragrance benefit: motivating • Fragrance profile: fruity and exotic; joie de vivre embraces the lighter side of life. The fruity fragrance of Orange, Lime and Lemon is guaranteed to make us happy and put a smile on our face every day.

75500 | 10 ML

## 02 YOGA FLOW ORGANIC AROMA ROLL-ON

Fragrance benefit: for mindful breathing • Fragrance profile: clear, fruity, soft; breathe mindfully. Find your inner core. Myrtle, Grapefruit and Sandalwood help in this, creating a fruity freshness during your yoga workout.

75510 | 10 ML

## 03 STRESS-FREE ORGANIC AROMA ROLL-ON

Fragrance benefit: calming • Fragrance profile: floral and herbaceous, mild; this is the reliable help in stressful everyday situations. When life occasionally gets too much for you, the fragrance of the Stress Free Aroma Roll-On helps bring back your inner peace and serenity.

75530 | 10 ML

## 04 CONCENTRATION ORGANIC AROMA ROLL-ON

Fragrance benefit: concentration-boosting • Fragrance profile: fruity and tart, clear; Clarity of thought, concentration and excellent focus through the aroma of Lemon, Giant Fir and Sage. Focused thinking couldn't be easier.

75520 | 10 ML

## 05 ENERGY BOOST ORGANIC AROMA ROLL-ON

Fragrance benefit: energizing • Fragrance profile: woody and fresh; The fragrance of Douglas fir, Swiss Pine and Grapefruit is sure to help when you lack energy. It invigorates, refreshes and provides new power for an energized day.

75540 | 10 ML



VEGAN







# LITTLE FRAGRANT HEROES

WITH A BIG IMPACT

*It's wonderful to watch children thrive and grow. But growing up also means coping with challenges. The little PRIMAVERA Fragrance Heroes are efficacious everyday helpers. They smell good, do good, and they are a superb opportunity for parents to empathetically assist their children. They are suited for rituals and create fragrant memories with 100% pure plant power.*



## FRAGRANT RITUALS

Establish little fragrance rituals in your everyday routine. When you're reading your kids their favorite story, when singing together or playing, or when they're studying, fragrance can help give your child the security it needs. A familiar fragrance can help your child stay calm and balanced when they encounter an unpleasant situation.

*"I have never tried that before, so I think I should definitely be able to do that."*

PIPPY LONGSTOCKING



## 3 QUESTIONS FOR...

MIRA KOBER,  
TEAM MANAGEMENT  
PRODUCT MANAGEMENT



- 1 Why is it that especially in challenging times aromatherapy fits so well into children's everyday lives?**  
The past few months have demanded quite a lot from our children – and a lot of things are still having an impact. Almost every day involves dealing with changes or restrictions. Our KIDS products can help our kids to process what they have experienced. For instance, Brave Dragon helps reduce anxieties or insecurities and retrieve their own strength. Sweet Dreams often rebalances sleep rhythms that have been disrupted and confused, while Focus & Learn supports children in catching up on missed educational content. Play Time! generates lighthearted, joyful playtimes and the Guard Me fragrance bestows emotional security, even in unsettling times.
- 2 How does one develop aromatherapy products geared especially to children?**  
It's important that children actually like the fragrances for these products. To find out what fragrances they like, we went to kindergartens and let the kids sniff for themselves. We integrated those that were found to be good into our program.
- 3 What do you have to pay attention to when using these products?**  
Our products were designed for the needs of children and have been safety tested. They are suitable for use in the air, in aroma oil warmers, and if marked as such, as bath essences or as an Aroma Roll-On, directly on the skin.



## FOCUS & LEARN

Good Concentration



01

02

03

## BRAVE DRAGON

Powerful  
Encouragement



04

## GUARD ME

Fragrant  
Sense of Security



05

## PLAY TIME!

Bring Joy into Play



06

07

## SWEET DREAMS

Cozy Relaxed Sleep



08

09

FOR LOVING RITUALS

### 01-03 FOCUS & LEARN

Do not use for children under the age of 3.

The 100% pure fragrance of Lemon, Orange, and Grapefruit is proven to help children while learning and helps them to better retain what they have learned. Children can more easily recall what has been learned whenever they smell the scent again.

18600 | BLEND | 5ML

19600 | ORGANIC ROOM SPRAY | 50ML

75600 | AROMA ROLL-ON | 10ML

### 04 BRAVE DRAGON ORGANIC AROMA ROLL-ON

Suitable for ages 3 and up. The fragrant encouragement-booster composed of 100% pure essential oils fosters self-confidence and helps children to overcome their own issues. It's easy and uncomplicated. Simply apply to wrists, soles, the nape of the neck or temples.

75610 | 10ML

### 05 GUARD ME ORGANIC ROOM SPRAY

Do not use for children under the age of 3. The sweet and floral fragrance of wellbeing dispels imagined monsters and disturbing thoughts. Containing Orange and Mimosa, this Room Spray gives children a sense of security, even in moments of temporary separation from loved ones.

19602 | 50ML

### 06-07 PLAY TIME!

Do not use for children under the age of 3.

Fragrant lightheartedness. Stimulate your children's imagination and encourage their love of play by creating a relaxed play atmosphere with Litsea, Frangipani, and Orange.

19603 | ORGANIC ROOM SPRAY | 50ML

18603 | BLEND | 5ML

### 08 SLEEP COMFORT

#### ORGANIC BABY & KIDS BALM

Suitable for age 6 months and up. Massage into little feet or on chests and backs, and the subtle fragrance, with its mild essential oils Benzoin Siam, Ho Leaves and Lavender, creates a soothing bedtime ritual.

21660 | 30ML

### 09 SWEET DREAMS BLEND

Suitable from 1 year of age. The Sweet Dreams Blend creates a calming bath experience before bedtime and its Lavender, Siam Benzoin, and Ho Leaves work their magic for a wonderful relaxed atmosphere.

18601 | 5ML



### AROMA DIFFUSER FUNNY FRIENDS

Ideal for use with the KIDS blends.

You can find more information on page 101.



# AROMA SAUNA

NATURALLY SOOTHING RELAXATION

*In the warm sauna air, precious essential oils develop their pure and natural plant power and their unique potential. Breath for Breath, we experience its calming, refreshing, and invigorating effect with all our senses.*



AROMA SAUNA

## BREATHE PURE NATURE

Perspiring in the cozy sauna warmth is truly beneficial for body, mind, and soul. To actually feel how our thoughts calm down, how tense muscles loosen, and how our entire body surrenders to the pure sense of wellbeing is a gift.

### QUALITY COMMITMENT



Recommended by the Experts at the German Sauna Association and awarded the quality emblem "Certified Quality German Sauna Association" for its high standards of quality and ingredients.



A relaxing sauna session is both a mental and physical benefit at the same time. In addition to the enveloping sense of security that caresses our soul and grounds us, we are also doing our body a great deal of good. The heat loosens our muscles and relieves tension. The rapid temperature changes between the individual sauna sessions stimulate our circulation and thereby also our immune system. Our heart and our defenses are reinforced and the effects on our respiratory tracts is both beneficial and invigorating. Moreover, going to the sauna stimulates various cleansing processes in the body. We perspire, our pores open up, and our skin becomes clearer and even more radiant.



VEGAN





01

02

03

04

05

06

NEW



FOR A SOOTHING SAUNA EXPERIENCE

**01 ENERGY OF BREATH****ORGANIC AROMA SAUNA**FORMERLY ORGANIC EUCALYPTUS  
PEPPERMINTFragrance benefit: refreshing • Fragrance profile:  
clear and minty, take a deep breath. Pause. Feel  
how pure minty freshness and the power of  
Eucalyptus flow through your body and give you  
new energy.

75252 | 100 ML

**02 SOURCE OF ENERGY****ORGANIC AROMA SAUNA <sup>1</sup>**FORMERLY ORGANIC LEMONGRASS CEDAR  
Fragrance benefit: invigorating • Fragrance profile:  
fresh, resinous. Allow yourself to be suffused with  
pure energy. Inhale the invigorating fragrance of  
Lemongrass and Cedar and feel renewed strength  
and fresh drive.

75253 | 100 ML

**03 DEEP RELAXATION ORGANIC AROMA SAUNA <sup>1</sup>**FORMERLY ORGANIC HONEY, LAVENDER  
Fragrance benefit: calming • Fragrance profile:  
balmy and enveloping, softly fragrant Honey,  
Lavender, and Siam Benzoin caress the senses and  
souls. Soothing warmth helps to calm your body and  
provide a lasting feeling of relaxation.

75256 | 100 ML

**04 FOREST EXPERIENCE ORGANIC AROMA SAUNA**FORMERLY ORGANIC SWISS STONE PINE,  
GIANT FIRFragrance benefit: strengthening • Fragrance profile:  
fresh and woody, immerse yourself in the fresh clarity  
of the forest. Breathe the fresh scent of pungent  
greenery, sun drenched wood, and pure, restorative  
forest power.

75251 | 100 ML

**05 WARMING TREAT ORGANIC AROMA SAUNA <sup>1</sup>**

FORMERLY ORGANIC ORANGE AND GINGER

Fragrance benefit: balancing • Fragrance profile: warm  
and fresh; enveloped in warmth and carried by the  
strength of the sun. Inhale the balancing Ginger-Orange  
fragrance and you will experience a comforting sense of  
security.

75254 | 100 ML

**06 CITRUS DELIGHT ORGANIC AROMA SAUNA <sup>1</sup>**

FORMERLY ORGANIC GRAPEFRUIT AND LIME

Fragrance benefit: mood-enhancing • Fragrance profile:  
sparkling and fruity; The fruity and fresh scents of Lime,  
Mandarin, and Grapefruit provide for bright and cheerful  
lightness. Delight in the citrus fragrance and experience  
moments of happiness.

75255 | 100 ML

<sup>1</sup> Improved formulaTHREE ORGANIC AROMA SAUNA  
INFUSIONS IN A TRIAL SET**STRENGTH & CALMNESS**3 trial-size Organic Aroma Sauna infusions  
to invigorate and relax you. Aroma Sauna  
Forest Experience, Warming Treat, and Deep  
Relaxation.

75258 | 3 x 10 ML



NEW

NEW

**FRESHNESS & ENERGY**3 trial-size Organic Aroma Sauna infusions  
with vitalizing and refreshing fragrances for  
renewed energy: Energy of Breath, Source of  
Energy, and Citrus Delight.

75259 | 3 x 10 ML



DIY

*“Fragrant Scrub for touchably soft skin“***INGREDIENTS**

- 10 ml Organic Sweet Almond Oil
- 2 Tbsp. cane sugar
- 3 drops of Organic Grapefruit
- 2 drops of Organic Lavender fine

**THIS IS HOW TO DO IT:**Mix Grapefruit, Lavender, and Sweet Almond Oil. Add to sugar  
and stir thoroughly. Apply to damp skin and massage in  
circular motions. Rinse off and pat dry, so that the Sweet  
Almond Oil remains on the skin and replaces any followup  
care. Hot and cold alternating showers additionally stimulate  
circulation and firm the skin.





# FRAGRANCE DEVICES & MORE

VERITABLE FEEL-GOOD ARTISTS

*Sometimes we find it difficult to power down after a long day. Your favorite fragrance can help you arrive at home feeling good and stop your mind from whirling. Our fragrance devices make it easy to almost instantly create a feel-good atmosphere to relax, let go and recharge our batteries.*

FRAGRANCE DEVICES & MORE



#### AROMA DIFFUSER WOODY

Your luminous glass and wood fragrance experience. 4 operating and 8 light modes, ultrasonic nebulization, replaceable membrane. Material: frosted glass, rubber tree wood sourced from sustainable forestry and high-quality, BPA-free plastic. 42003 | H 12CM, Ø 12.5CM



#### AROMA FAN FLOWER

Powerful and luminous – your colorful fragrance magic for larger spaces. 3 fan levels, color changes, cold vaporization without adding water. Automatic shutoff after 2 hours. Material: Metal, high-quality BPA-free plastic and pads made of organic cotton. 42030 | H 13.5CM, Ø 15CM

## USAGE RECOMMENDATIONS

Fragrance device	Especially suitable for	Dosage	Environment
Aroma Stone, Fleece / Wood	bedroom, living room, bathroom, hotel room	2–5 drops	approx. 2m <sup>2</sup>
Aroma Oil Burner	living room, kitchen, office	5–10 drops	approx. 8m <sup>2</sup>
Aroma Fountain	living room, kitchen, office	5–10 drops	approx. 15m <sup>2</sup>
Aroma Light	living room, bedroom, office	5–10 drops	approx. 20m <sup>2</sup>
Aroma Warming Stone	living room, bedroom, office	5–8 drops	approx. 25m <sup>2</sup>
Aroma Diffuser	living room, kitchen, office	1–5 drops	approx. 20–30m <sup>2</sup>
Aroma Fan	living room, kitchen, office	2–3 drops	approx. 50m <sup>2</sup>
Aroma Nebulizer	living room, kitchen, office	5 or 10 ml bottle	approx. 80m <sup>2</sup>

People experience fragrance differently. Therefore, our dosage recommendations are intended only as guidance.



# ELECTRICAL FRAGRANCE DEVICES

EMBRACED BY BEAUTIFUL SCENTS

*Our electric fragrance devices not only diffuse fine scents, but in some cases also provide a relaxed atmosphere through soft light. Let yourself be carried away by the soothing effects of light and plant power, and turn your home into your own personal oasis of calm.*



FRAGRANCE DEVICES & MORE

NEW



01



02



03



04



See more at  
[www.primaveralife.com](http://www.primaveralife.com)

FRAGRANCE, LIGHT, JOIE DE VIVRE

## 01 AROMA NEBULIZER PURIST

Simple Elegance. Pure Diffusion. Powerful Fragrance Benefit. Easy to use pure oil that comes in original PRIMAVERA bottles (5/10 ml) with no added water required. 2 intensity levels and 3 fragancing times to choose from, great fragrance range of up to 80 m². Long-lasting and sustainable thanks to replaceable nozzle.

Material: Concrete, metal, and high-quality BPA-free plastic

42020 | H 19 cm, Ø 10 cm

## SPARE PARTS KIT NOZZLE FOR AROMA NEBULIZER PURIST

42901

## 02 AROMA DIFFUSER TRAVELLER

Your favorite scent, always with you – cordless, compact and versatile. Li-Ion battery, 4 operating modes, gentle ultrasonic diffusion, approx. 45 ml fill capacity. Material: high-quality BPA-free plastic and carbon steel

42002 | H 17.5 cm, Ø 7 cm

## 03 AROMA DIFFUSER PETIT

Always by your side – small, practical, elegant. Perfect to carry in your hand or pocket. Li-Ion battery, gentle ultrasonic diffusion, approx. 8 ml fill capacity. Includes an organic cotton pouch.

Material: High-quality BPA-free plastic  
42001 | H 12.6 cm, Ø 3.6 cm

## 04 AROMA DIFFUSER FUNNY FRIENDS

Fragrance fun for the whole family. Interchangeable ears (cat, bear, and rabbit), relaxing melody, color changing LED (3 colors), scenting in 3 operating modes, approx. 145 ml fill capacity.

Material: High-quality, BPA-free plastic  
42007 | H 22 cm, Ø 10 cm



1 product –  
3 animals



Music with  
natural sounds



3 alternating  
colors



# AROMA LIGHT EMOTION

FRAGRANCE AND LIGHT IN THEIR MOST BEAUTIFUL FORM

*In addition to the effective combination of aroma and color therapy, the Aroma Light Emotion is a real visual experience. You can choose from six colors or a warm white to harmoniously illuminate your home. You will experience an entirely new fragrance & light feeling; let yourself be inspired and proceed to create an energy field of fragrance, light, and joie de vivre in your home or work environment.*



FRAGRANCE DEVICES & MORE



DECORATIVE, HIGH-QUALITY, FRAGRANT

## 01 AROMA DIFFUSER FEEL HAPPY

There are many possibilities. 3 different diffusion, operation and light modes, approx. 200 ml fill capacity. Thanks to individual choice of LED color it can be adapted to any living ambience and any mood.

Material: High-quality, BPA-free plastic  
42008 | H 14 CM, Ø 14 CM

## 02 AROMA LIGHT EMOTION

Fragrance and light in their most beautiful form. 6 illumination colors and warm white illumination, 3 fragrancing times, Sleep-timer function, use without water. Material: Glass, metal, and high-quality, BPA-free plastic

41070 | H 27.5 CM, Ø 15.5 CM



## 03 AROMA DIFFUSER AMBIENTE

Modern room scenting and discreet ambient light. 3 diffusion and light levels, 6 hours of interval operation, approx. 100 ml fill capacity.

Material: Upper part made of ceramics, while interior is high-quality, BPA-free plastic  
42009 | H 16 CM, Ø 10 CM

## 04 AROMA WARMING STONE SIMPLY SILENT

Silent. Simple. Waterless. Silent and rapid warm-up to the perfect diffusion temperature. Easy to handle and hassle-free cleaning, automatic shut-off after 1 hour. Ideal for rooms such as the bedroom.

Material: High-quality glazed ceramics  
41005 | H 6.5 CM, Ø 13.5 CM

The glass shade of the Aroma Light Emotion is hand-blown and finished. Therefore, small inclusions and irregularities in the glass are not flaws, but actually signs of handcrafted quality.





## OUR FAVORITES, CLASSIC, AMBIENCE

## AROMA OIL BURNER

Your Natural Fragrance Moment by Candlelight. There's something magical about the association of delicate fragrances with subtle candlelight. Experience this magic at home and look forward to coming home a little more every day.

**01 AROMA OIL BURNER PRIMAVERA**

Material: High-quality ceramics and food-safe glazes

40042 | MATTE CREAM WHITE

40044 | MATTE TAUPE

40044 | GLOSSY SPRING GREEN

H 13 CM, Ø 12,5 CM

## AROMA FOUNTAIN

Fragrant Water Feature for a Soothing Ambience. By scenting and humidifying the air in rooms, aroma fountains create a healthy, soothing living ambience. The timeless design draws attention in your living and working spaces.

**02 AROMA FOUNTAIN RONDO**

Includes high-grade fountain pump.

Material: High-quality ceramics and food-safe glazes

43033 | MATTE CREAM WHITE

43035 | GLOSSY ICE GREEN

43037 | MATTE WARM GRAY

H 15.5 CM, Ø 25.5 CM

**REPLACEMENT PUMP FOR AROMA FOUNTAIN**

43105 | NOT PICTURED



See more at  
[www.primaverallife.com](http://www.primaverallife.com)

The products shown here are handcrafted in Europe. Therefore, small color deviations and irregularities are not defects, but actually a sign for their hand-crafted quality. Each product is one of a kind.

## PRACTICAL FOR AT HOME AND ON THE GO

## AROMA CARRIERS

An eye-catcher with added value. All it takes is a few drops applied to the scenting surface of these ornamental gems to create a fragrant atmosphere in your living, sleeping or working spaces.

**01 AROMA STONE ORNAMENT**

Ceramic fragrance stone, glazed bottom.

60047 | H 1.4 CM, Ø 5.5 CM

**02 MINI AROMA STONE**

The little fragrance companion when you're on the go. Can made of durable tinplate, fragrance stone made of unsealed ceramics.

60029 | H 1.5 CM, B 6 CM, T 4.5 CM

**03 AROMA STONE LOTUS FLOWER**

Helps fragrances blossom. Aroma Stone made of porous plaster, beechwood plate from sustainable forestry.

60111 | H 4 CM, Ø 12 CM

**04 AROMA STONE ENERGY SPIRAL**

Unsealed fragrance stone and glazed ceramic plate.

60077 | H 2.5 CM, Ø 6 CM

**05 AROMA STONE ROSE BLOSSOM**

Unsealed ceramic fragrance stone, squared glass plate.

60081 | H 4.5 CM, B 10 CM

**06 PINWOOD BALL**

A product of nature from sustainable Austrian forestry. The ball naturally exudes a pleasantly clear and woody fragrance and can be fragranced with 100% pure Swiss Stone Pine Oil or one of our blends.

60123 | H 7.5 CM, Ø 7.8 CM

All products displayed here are hand-crafted. Therefore, small color deviations and irregularities are not defects, but actually a sign for their hand-crafted quality. The same applies for the Stone Pine Ball and the Lotus Flower, where small inclusions and irregular areas in the wood are an indication of their completely natural quality. Each product is one of a kind.



# EASILY DO IT YOURSELF



DIY

## AROMA BATH PEACE AND SERENITY

### INGREDIENTS

- 2 drops of Organic Swiss Pine
- 2 drops of Organic Orange
- 3 Tbsp emulsifier (cream, sea salt)

### THIS IS HOW TO DO IT:

Mix essential oils with the emulsifier. Add the mixture to the bathwater as it flows in.

DIY recipes at  
<https://www.primaveralife.com/en/aromatherapy>

## DO IT YOURSELF (DIY) MAKES YOU HAPPY

Making things yourself is more than just a trend, it is fun and makes you happy! Seeing your own creation emerge and then marveling at the outcome with joy is an exhilarating experience. Explore your own creative powers and follow the new trend to bring sustainability and creativity into your life. You can mix your own products with PRIMAVERA ingredients in no time at all and create personal gifts for yourself or your loved ones.

## ACCESSORIES TREND DIY & ACCESSORIES



## FOR MIXING, DECORATING, AND CLEANING

### 01 WOODEN DISPLAY STAND FOR ESSENTIAL OILS

For Essential Oils and Blends.  
93206

### 02 GLASS BOTTLE SET 10 ML

To create your own blends, 10 x 10 ml amber glass bottle with dropper insert, child-safe cap and label.  
Material: Glass and high-quality, BPA-free plastic  
61050 | 10PCS.

### 03 GLASS BOTTLE SET 50 ML

To create your own care oil blends, 6 x 50 ml amber glass bottle with pour ring, child-safe cap and label.  
Material: Glass and high-quality, BPA-free plastic  
61051 | 6PCS.

### 04 GLASS BOTTLE SET DIY

2 x 10 ml amber glass bottle with dropper insert  
2 x 50 ml amber glass bottle with pour ring  
2 x 20 ml amber glass bottle with mist pump  
2 x 10 ml amber glass bottles with roll-on insert;  
incl. appropriate caps & 12 oval labels  
Material: Glass and high-quality, BPA-free plastic  
61052

### 05 GLASS FOR TEALIGHTS

60024 | 1PCS.

### 06 ROUND LABEL SET

Approx. 170 printed cap labels for all  
Essential Oils and Blends.  
60019

### 07 AROMEX AROMA OIL BURNER CLEANER

For cleaning ceramic, glass or metal  
Aroma Oil Burners.  
60007 | 100ML

### 08 PUMP DISPENSER FOR ORGANIC TREATMENT OILS

Only intended for PRIMAVERA green glass bottles  
in sizes 30/50/100 ml, can be individually shortened  
to the appropriate length.  
Not suitable for empty bottle sets.  
61024

### 09 SCENT STRIPS

To be used as fragrance samples for sniffing. Individual  
strips to be detached from a pad and saturated with  
essential oils or blends.  
60014 | 60 STRIPS



# FRAGRANCE KNOWLEDGE

*You will find practical information in our reference materials along with recipes that can help you very easily integrate aromatherapy into your daily life.*



## NATURAL MAMA

*Gentle aromatherapy for pregnancy, birth and baby's first years.*  
Clearly organized guidebook for pregnancy, nursing time, and baby's first year. Description of the most important nurturing and relaxing Aroma Blends Comes with many DIY recipes.  
Author: Julia Trunzer  
50071 | 144 PAGES

NEW



## NATURE'S APOTHECARY ESSENTIAL OILS

*Fast help every day*  
Detailed information on the 13 most important essential oils for your medicine cabinet and travel ready first aid kit, and over 250 recipes to mix yourself.  
Author: Maria M. Kettenring  
50058 | 126 PAGES



## AROMATHERAPY FOR BEGINNERS

*The most common essential oils at a glance*  
Describes just how simple it is to use aromatherapy in an easy and understandable way. With so many practical tips, you'll want to try this immediately.  
Author: Kurt Ludwig Nübling  
50000 | 112 PAGES



## ESSENTIAL OILS – FOR TRAVEL AND OUTDOORS

*Rapid first aid for on the go*  
The best oils for a portable first aid kit. A large selection of formulas for personal hygiene when you're camping and outdoors, on the go, and traveling with children. Highlight: Being a woman when you're on the go.  
Author: Alisa Leube  
50068 | 128 PAGES

NEW



## AROMATHERAPY FOR CHILDREN

*Fast and gentle everyday help*  
Over 100 tried and tested recipes for parents and aroma experts. Created specifically for age levels from 0 to 16 years.  
Authors: Sabrina Herber and Eliane Zimmermann  
50069 | 144 PAGES



## FOREST MEDICINE

*The healing power of essential tree oils*  
This book contains a comprehensive description of selected essential coniferous oils along with instructions on the purposeful use of these oils.  
Authors: Anusati Thumm, Maria M. Kettenring  
50065 | 160 PAGES



## ESSENTIAL OILS IN THE COLD SEASON

*Fast help for coughs, colds, and flu-like infections*  
Describes the most important essential oils that are used to deal with colds and flu-like infections and to fortify our immune systems while also providing professionally correct use for children.  
Authors: Anusati Thumm, Maria M. Kettenring  
50072 | 144 PAGES

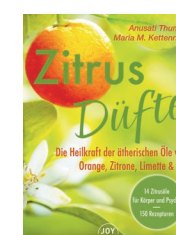
SPECIALIZED LITERATURE

All books  
German  
language  
only



## ESSENTIAL OILS

*Holistic use*  
With around 50 of the most important essential oils. Contains easy to follow, effective recipes for your fragrance pharmacy, for relaxing massage oils, aroma cuisine, and natural room scents.  
Author: Maria M. Kettenring  
50066 | 162 PAGES



## CITRUS SCENTS

*The healing power of citrus essential oils such as lemon, orange, lime, etc.*  
The book presents a great deal of background and detailed botanical information as well as the production and effects of essential oils. It also includes comprehensive descriptions of 14 citrus oils for body and soul and 150 fragrant recipes.  
Authors: Anusati Thumm, Maria M. Kettenring  
50070 | 160 PAGES



## THE SCENT OF HAPPINESS

*Make your way through life naturally – with essential oils*  
With valuable knowledge all about plants and more than 100 DIY recipes and rituals.  
Authors: Vivien Keller, Alisa Leube, Julia Merbele  
50062 | 224 PAGES

## THIS IS THE SCENT OF HAPPINESS TABLETOP CALENDAR

*Add creative enrichment to your life with natural fragrances.*  
50500 | TABLE STAND WITH SPIRAL BINDING



# NATURPARADIES 1

AN ENERGY FIELD OF FRAGRANCE,  
LIGHT AND JOIE DE VIVRE



## A Festival for Joie de Vivre

The Naturparadies is not merely an enchanting place; all threads come together here in our natural paradise. This is where the pure and natural raw materials arrive from our organic farm partners from all over the world. This is where ideas are devised, visions advanced, and also where our concentrated knowledge based on many decades of experience is channeled into feel-good products. At Naturparadies, people act with passion, heart and soul. It is our center of cordial togetherness and it is the place where over 250 employees ensure that fragrance, light and joie de vivre also come alive for you at home.

## LOVING NATURE & HUMANITY

## PRIMAVERA FRAGRANCE AND NATURAL BEAUTY SHOP

### Experience, Smell, Touch

At first impression, our extensive rose and medicinal herb garden combines with a sensational view of the Allgäu Alps for an impressively beautiful encounter. If you want to take the scents of nature home with you, captured as small bottles of essential oils, please enter our Fragrance and Natural Beauty Shop through the large glass door. Here you can get to know our wellness products, and we would be happy to provide you with a detailed product consultation.

We look forward to seeing you!

### PRIMAVERA Fragrance and Natural Beauty Shop

Opening Hours: Mon – Sat from 10 am – 6 pm\*

*\*except for Bavarian holidays*



Our natural paradise is a symbol for a harmonious and appreciative coexistence of man and nature. It is a symbol for sustainable thinking and action. You could say it is our mission of "loving nature and humanity" come to life. All decisions we make here are made with consideration for a sustainable balance. A mindful and respectful treatment of people, the environment and nature guides every step we take.

Die  
Liebeserklärung  
an Mensch  
& Natur





PRIMAVERA®

# Plant Power for Body, Mind and Soul



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